

# BACK TO SCHOOL INFORMATION

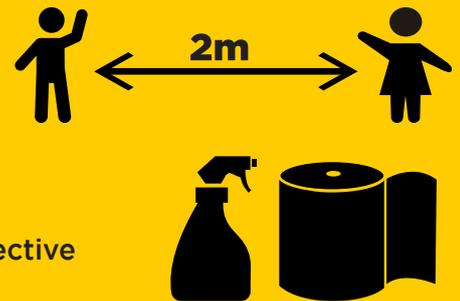
## Infection Prevention and Control (Home-School-Home)

In August, we will have consistent signage throughout our schools with important information on what we all need to do to keep our schools safe.

Here, we have produced some guidance and principles on coming to school, uniforms and some of the items that are normally brought to school, to help to keep us all safe.

### WE ALL SHOULD:

- Keep 2 metres apart from other households
- Wash hands frequently
- Catch your coughs and sneezes in a tissue
- Clean and disinfect surfaces regularly



These are **SCIENTIFICALLY PROVEN** as the most effective way to prevent the spread of coronavirus

### Reducing infection risk and keeping our school community safe

We know that coronavirus spreads by close contact with a person with symptoms and by touching contaminated surfaces. We can reduce the risk of infection in our schools by:

- ✓ Remembering the four key ways to fight the virus: physical distance, washing hands, catching sneezes and cleaning/disinfecting surfaces
- ✓ Ensuring that staff and children with symptoms (or if anyone in their household has symptoms) do not attend school or nursery
- ✓ Following the rigorous measures in place in our schools/nurseries to reduce the risk of infection and transmission
- ✓ Following all guidelines from NHS Public Health on [www.nhsinform.scot](http://www.nhsinform.scot)

These measures will be implemented in all schools and nurseries and should be followed as strictly as possible.



### At home it is important that you:

- ✓ Check your child(ren) for symptoms every day. These are a new continuous cough, high temperature, loss of taste or smell. If you have concerns visit [www.nhsinform.scot](http://www.nhsinform.scot)
- ✓ Encourage children to wash hands regularly, especially when they come into the house.

If there is someone in your household, who is vulnerable due to an underlying health condition or shielding and you have decided your child(ren) should attend school, your child must maintain strict social distancing from other groups of children and adults not in their own group in the school. Please ensure that you contact the school to discuss this.



## School Uniform



- ✓ School uniform will be more flexible as we understand that clothes will need to be washed more regularly so a plain polo shirt or sweatshirt in the school colours will be fine in primary schools. In secondary shirt and ties will still be the main uniform.
- ✓ We recommend a light rainwear jacket instead of blazers, as this is easier to wash.
- ✓ In primary school, children should wear PE kit to school on the days they have PE to avoid having to change.
- ✓ Children should change their uniforms as soon they get home, including school shoes.
- ✓ Please make sure your child(ren)'s name is displayed prominently on their uniforms and outerwear so other children will avoid touching or taking home the wrong uniform. If this happens, please place the wrong uniform in a plastic bag, seal and tie it, and return it to school.

## School bags and stationery



- ✓ School bags should be cleaned regularly at home. These can be sprayed with a disinfectant aerosol spray or household disinfectant or use cleaning wipes, especially handles and shoulder straps. Avoid using bleach.
- ✓ Children should have their own pencils and pens etc and these cannot be shared with others in the class.
- ✓ The virus does not stay on paper for as long as on other surfaces but is better to ensure good hand hygiene if a book or jotter has been brought home from school for a home learning task.

## Lunch boxes and water bottles



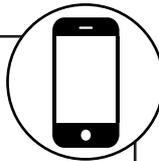
- ✓ Lunch boxes and water bottles should be emptied and washed everyday with warm soapy water and disinfected often. Pay particular attention to the handle and lids (sipping/straw part)
- ✓ Please make sure your child's name is displayed prominently on their lunch box so other children will avoid touching or taking home the wrong lunch box. If this happens, please place the wrong lunch box in a plastic bag, seal and tie it, and return it to school or, clean and disinfect the lunch box and wash your hands for at least 20 seconds with soap and water/sanitising gel. Place the clean lunch box in a plastic bag and return it to school.

## Travelling to and from school



- ✓ Child(ren) should wash or sanitise their hands when entering the school.
- ✓ Where possible, we request that children walk or cycle to school.
- ✓ They should maintain physical distancing from other households when travelling.
- ✓ For older pupils and secondary pupils who usually walk to school together, if that person is not in your same group or household, please maintain 2 metre distance while walking.
- ✓ Pupils using school transport/public transport will be provided with further guidance on social distancing measures while travelling.

## Mobile phones



- ✓ Please encourage your child to not bring mobiles phones to school. If they need to do so, they should keep them in their bags during school hours.
- ✓ Mobile phones should be cleaned regularly.

**Please Note: Due to the nature of the changing Covid-19 circumstances, this information/guidance may change.**