

Secondary School Menu - Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Mid Morning Break	Porridge pot with fruit	Omelette	Scone with butter and jam	Yoghurt and fruit	Cheese and tomato pizzini
Main Option	Macaroni cheese	Beef bolognese	Chicken and leek pie	Cheeseburger	Fish finger wrap
Main Option (PB)	Rainbow noodle stir fry	Plant based bolognese	Cheese pizza	Meat free cheeseburger	Vegetable finger wrap
Served with	Garlic Bread, Peppers and cucumbers	Pasta, garlic bread, broccoli and peppers	Corn on the cob, roasted carrots and savoury rice	Potato cubes and vegetable sticks	Chips, cucumber sticks, reduced salt and sugar baked beans
Deli Option	Baked potato with choice of filling and salad	Baked potato with choice of filling and salad	Baked potato with choice of filling and salad	Baked potato with choice of filling and salad	Baked potato with choice of filling and salad
Grab and Go Option	Selection of freshly made sandwiches, salad bowls, paninis, baguettes, pizzinis, chicken strips, pasta pots and soup of the day	Selection of freshly made sandwiches, salad bowls, paninis, baguettes, pizzinis, chicken strips, pasta pots and soup of the day	Selection of freshly made sandwiches, salad bowls, paninis, baguettes, pizzinis, chicken strips, pasta pots and soup of the day	Selection of freshly made sandwiches, salad bowls, paninis, baguettes, pizzinis, chicken strips, pasta pots and soup of the day	Selection of freshly made sandwiches, salad bowls, paninis, baguettes, pizzinis, chicken strips, pasta pots and soup of the day
Sweet Treats	Cook's selection of home baking and pastries				



£2.54

VE - Vegetarian PB - Plant Based GF - Gluten Free

