

Secondary School Menu - Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Mid Morning Break	Porridge pot with fruit	Omelette	Quorn patty and cheese muffin	Yoghurt and fruit	Bagel with cream cheese
Main Option	Shepherd-less pie (Quorn mince)	Chicken meatballs in a tomato sauce	Scottish steak pie	Chicken breast in a Spanish sauce	Cod dog
Main Option (PB)	Cheese pizza	Quorn fillet in a creamy mushroom sauce	Seasonal vegetable pie in a white sauce	Mediterranean vegetable bake	The VE dog
Served with	Potato cubes, roasted green beans and carrots	Pasta and Italian roasted vegetables	Roast potatoes, swede and broccoli	Pasta, steamed cabbage and peas	Chips, peas and tartare sauce with salad
Deli Option	Baked potato with choice of filling and salad	Baked potato with choice of filling and salad	Baked potato with choice of filling and salad	Baked potato with choice of filling and salad	Baked potato with choice of filling and salad
Grab and Go Option	Selection of freshly made sandwiches, salad bowls, paninis, baguettes, pizzinis, chicken strips, pasta pots and soup of the day	Selection of freshly made sandwiches, salad bowls, paninis, baguettes, pizzinis, chicken strips, pasta pots and soup of the day	Selection of freshly made sandwiches, salad bowls, paninis, baguettes, pizzinis, chicken strips, pasta pots and soup of the day	Selection of freshly made sandwiches, salad bowls, paninis, baguettes, pizzinis, chicken strips, pasta pots and soup of the day	Selection of freshly made sandwiches, salad bowls, paninis, baguettes, pizzinis, chicken strips, pasta pots and soup of the day
Sweet Treats	Cook's selection of home baking and pastries				



£2.54

VE - Vegetarian PB - Plant Based GF - Gluten Free

