**Monday** 

Wednesday

**Thursday** 

**Friday** 

## $\equiv$ SECONDARY SCHOOL $\equiv$

# ·····MENU·····



£2.71 - The 3-week menu cycle meets the revised Scottish Nutrition Guidance for Food and Drink in Schools. Every meal serves a portion of fruit and two portions of vegetables.

#### Choice one

Roast beef with new potatoes, cauliflower, broccoli and gravy

. . . . . . . . . . . . . . . .

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Hotdog with oven baked wedges **Tuesday** and veg sticks

> Chicken bhuna with rice, chapati, sweetcorn and peas

> > \*\*\*\*\*\*\*\*\*\*

Pasta Bolognese with homemade garlic bread and green beans

Fish and chips with peas or beans (and lemon wedge)

\*\*\*\*\*\*\*\*\*\*

#### **Choice two**

Oriental vegetable chow mien with broccoli and cauliflower

...... Cheese pizza with oven baked

wedges and veg sticks

......

Quorn pasta bake with sweetcorn and peas

Savoury rice with garlic bread and green beans

......

Vegan sausage roll served with chips, peas or beans

.....

#### **Grab and Go Options**)

#### **Special of the Week**

Check notice board

#### **Salads**

Choice of the day

#### Sandwiches and **Baguettes**

Choice of the day

#### Wraps

Choice of the day

#### **Hot dishes**

Soup of the day Pasta and sauce Cosmo pizzinis Jacket potato & topping

#### **Extras**

Fresh fruit, voghurt and home bakes available daily







Week 1 - w/c 11/8/25, 1/9/25, 22/9/25, 13/10/25, 3/11/25, 24/11/25, 15/12/25, 12/01/26, 02/02/26

## $\equiv$ SECONDARY SCHOOL $\equiv$

## ·····MENU·····



£2.71 - The 3-week menu cycle meets the revised Scottish Nutrition Guidance for Food and Drink in Schools. Every meal serves a portion of fruit and two portions of vegetables.

**Monday** 

**Tuesday** 

Wednesday

**Thursday** 

**Friday** 

#### Choice one

Chicken goujons with coleslaw, wedges and veg sticks

Pork sausages and gravy with potatoes, peas and carrots

\*\*\*\*\*\*

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Cajun chicken pasta with crunchy veg sticks

Beef burger in bun with herby potatoes, sweetcorn and carrots

............

Salmon fish fingers served with chips, beans or peas

......

#### **Choice two**

Pasta Neapolitan with carrot sticks and peppers

......

Cheese pizza with oven baked wedges and veg sticks

\*\*\*\*\*\*

Quorn Chinese curry with rice and green beans

Quorn dippers with herby potatoes, sweetcorn and carrots

......

Vegan sausage roll served with chips, beans or peas

\*\*\*\*\*\*\*

#### **Grab and Go Options**)

#### **Special of the Week**

Check notice board

#### Salads

Choice of the day

#### Sandwiches and **Baguettes**

Choice of the day

#### **Wraps**

Choice of the day

#### **Hot dishes**

Soup of the day Pasta and sauce Cosmo pizzinis Jacket potato & topping

#### **Extras**

Fresh fruit, yoghurt and home bakes available daily -





**Week 2** - w/c 18/8/25, 8/9/25, 29/9/25, 20/10/25, 10/11/25, 1/12/25, 22/12/25, 19/01/26, 9/02/26

# (Q)

## **■ SECONDARY SCHOOL ■**

## ·····MENU·····



£2.71 - The 3-week menu cycle meets the revised Scottish Nutrition Guidance for Food and Drink in Schools. Every meal serves a portion of fruit and two portions of vegetables.

Monday

Tuesday

Wednesday

**Thursday** 

**Friday** 

#### Choice one

Chicken pitta kebab served with side salad

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Cottage pie with cauliflower and peas

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Chicken fajita with Mexican rice, cucumber sticks and celery sticks

Steak pie with mash, broccoli and cauliflower

\*\*\*\*\*\*

Fish and chips with beans or peas

#### **Choice two**

Macaroni cheese with peas, cauliflower and homemade garlic bread

\*\*\*\*\*\*

Cheese pizza with oven baked wedges and crunchy veg

. . . . . . . . . . . . . . . .

Quorn hot dog in bun with potato cubes, cucumber and celery sticks

Vegan Quorn fillet with roasted potatoes, broccoli and cauliflower

<del>\*\*\*\*\*\*\*\*\*\*\*\*\*\*</del>

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Vegan sausage roll with chips, beans or peas

#### **Grab and Go Options**)

#### **Special of the Week**

Check notice board

#### **Salads**

Choice of the day

## Sandwiches and Baguettes

Choice of the day

#### Wraps

Choice of the day

#### **Hot dishes**

Soup of the day
Pasta and sauce
Cosmo pizzinis
Jacket potato & topping

#### **Extras**

Fresh fruit, yoghurt and home bakes available daily



