

Primary Menu



WEEK 1

w/c 11/8/25, 1/9/25, 22/9/25, 13/10/25, 3/11/25, 24/11/25, 15/12/25, 12/01/26, 02/02/26



Monday

Tuesday

Wednesday

Thursday

Friday

Soup or Sweet	Tomato soup or raisins	Lentil soup or yoghurt	Leek and potato soup or frozen yoghurt	Chicken noodle soup or raisins	Lentil soup or frozen yoghurt
Red Meal	Roast beef with new potatoes, cauliflower, broccoli and gravy	Hotdog with oven baked wedges and veg sticks	Chinese chicken curry with rice, sweetcorn and peas	Pasta bolognese with crusty bread and green beans	Fish and chips with beans or peas
Green Meal	Quorn fillet with new potatoes, cauliflower, broccoli and gravy	Cheese pizza with oven baked wedges and veg sticks	Quorn pasta bake with sweetcorn and peas	Savoury rice with crusty bread and green beans	Vegan sausage rolls and chips with beans or peas
Blue Meal	Cheese or chicken baguette with veg bag	Ham or cheese sandwich with a veg Bag	Toasted cheese baguette with a veg bag	Cheese or tuna mayo baguette with a veg bag	Cheese or ham sandwich with a veg bag
Purple Meal (Cheese always available)	Baked potato with tuna mayo or beans	Baked potato with beans or coleslaw	Baked potato with cheese savoury or beans	Baked potato with tuna mayo or beans	Baked potato with coleslaw or beans
Salad Bar	Seasonal salad	Seasonal salad	Seasonal salad	Seasonal salad	Seasonal salad

£2.60 – The 3-week menu cycle meets the revised Scottish Nutrition Guidance for Food and Drink in Schools. Every meal serves a portion of fruit and two portions of vegetables. Bread is available daily.

Red or Green Meal - Soup or sweet, main meal, milk or water included with this meal

Blue Meal – Soup or sweet, milk or water and crunchy veg bag included with this meal

Purple Meal – Soup or sweet, milk or water and salad included with this meal

Primary Menu



WEEK 2

w/c 18/8/25, 8/9/25, 29/9/25, 20/10/25, 10/11/25, 1/12/25, 22/12/25, 19/01/26, 9/02/26



Monday

Tuesday

Wednesday

Thursday

Friday

Soup or Sweet	Chicken noodle soup or yoghurt	Lentil soup or raisins	Minestrone soup or frozen yoghurt	Leek and potato soup or raisins	Lentil soup or frozen yoghurt
Red Meal	Breaded chicken goujons with oven baked wedges and crunchy veg	Pork sausages with potatoes, peas and carrots and optional gravy	Cajun chicken pasta with crunchy veg sticks	Beef burger in bun with herby potatoes sweetcorn and carrots	Salmon fish fingers and chips with beans or peas
Green Meal	Pasta Neapolitan with carrot sticks and peppers	Cheese pizza served with oven baked wedges, carrot and pepper sticks	Quorn piece curry with rice and green beans	Quorn dippers with herby potatoes, sweetcorn and carrots	Vegan sausage roll and chips with beans or peas
Blue Meal	Cheese or chicken baguette with veg bag	Cheese or ham sandwich with veg bag	Tuna mayo or chicken baguette with veg bag	Beef burger in bun with veg bag	Cheese or ham sandwich with veg bag
Purple Meal (Cheese always available)	Baked potato with tuna mayo or beans	Baked potato with beans or coleslaw	Baked potato with tuna mayo or beans	Baked potato with cheese savoury or beans	Baked potato with coleslaw or beans
Salad Bar	Seasonal salad	Seasonal salad	Seasonal salad	Seasonal salad	Seasonal salad

£2.60 – The 3-week menu cycle meets the revised Scottish Nutrition Guidance for Food and Drink in Schools. Every meal serves a portion of fruit and two portions of vegetables. Bread is available daily.

Red or Green Meal - Soup or sweet, main meal, milk or water included with this meal

Blue Meal – Soup or sweet, milk or water and crunchy veg bag included with this meal

Purple Meal – Soup or sweet, milk or water and salad included with this meal

Primary Menu



WEEK 3 -w/c 25/8/25, 15/9/25, 6/10/25, 27/10/25, 17/11/25, 8/12/25, 5/01/26, 26/01/26, 16/02/25



	Monday	Tuesday	Wednesday	Thursday	Friday
Soup or Sweet	Tomato soup or raisins	Lentil soup or yoghurt	Leek and potato soup or frozen yoghurt	Chicken noodle soup or raisins	Lentil soup or frozen yoghurt
Red Meal	Chicken meatballs in gravy with mash, carrots and peas	Cottage pie with cauliflower and peas	Chicken fajita with Mexican rice, cucumber sticks and carrot sticks	Steak pie with roasted potatoes, broccoli and cauliflower	Fish and chips with beans or peas
Green Meal	Macaroni cheese with peas and cauliflower and homemade garlic bread	Cheese pizza with oven baked wedges and crunchy veg	Quorn hot dog in bun with potato cubes, cucumber and celery sticks	Vegan Quorn fillet with roasted potatoes, broccoli and cauliflower	Vegan sausage rolls and chips with beans or peas
Blue Meal	Cheese or chicken baguette with veg bag	Cheese or ham sandwich with veg bag	Toasted cheese baguette with veg bag	Tuna mayo or cheese baguette with veg bag	Cheese or ham sandwich with veg bag
Purple Meal (Cheese always available)	Baked potato with tuna mayo or beans	Baked potato with beans or coleslaw	Baked potato with cheese savoury or beans	Baked potato with tuna mayo or beans	Baked potato with coleslaw or beans
Salad Bar	Seasonal salad	Seasonal salad	Seasonal salad	Seasonal salad	Seasonal salad

£2.60 –The 3-week menu cycle meets the revised Scottish Nutrition Guidance for Food and Drink in Schools.
Every meal serves a portion of fruit and two portions of vegetables. Bread is available daily.

Red or Green Meal - Soup or sweet, main meal, milk or water included with this meal

Blue Meal – Soup or sweet, milk or water and crunchy veg bag included with this meal

Purple Meal – Soup or sweet, milk or water and salad included with this meal