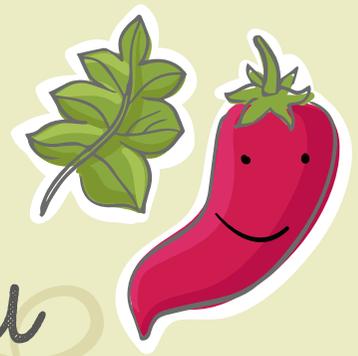


# SPECIAL DIET

## menu



WEEK 1

w/c 12/1/26, 2/2/26, 23/2/26, 16/3/26, 6/4/26, 27/4/26, 18/5/26, 8/6/26, 29/6/26

Monday

Tuesday

Wednesday

Thursday

Friday

Soup or Sweet	Monday	Tuesday	Wednesday	Thursday	Friday
Soup or Sweet	Tomato soup or raisins	Lentil soup or yoghurt	Leek and potato soup or frozen yoghurt	Chicken noodle soup or raisins	Lentil soup or frozen yoghurt
Halal Menu Option	Halal beef meatballs, new potatoes, cauliflower, broccoli and gravy	Halal chicken sausage hotdog with oven baked wedges and veg sticks	Chinese halal chicken curry with rice, chapati, sweetcorn and peas	Halal mince pasta bolognese with homemade garlic bread and green beans	Fish and chips with beans or peas
Dairy Free Option	Roast beef with new potatoes, cauliflower, broccoli and gravy	Hotdog (gluten free) with oven baked wedges and veg sticks	Chinese chicken curry with rice, sweetcorn and peas	Savoury rice with green beans	Fish and chips with beans or peas
Gluten Free Option	Roast beef with new potatoes, cauliflower, broccoli and gravy	Hotdog (gluten free) with oven baked wedges and veg sticks	Chinese chicken curry with rice, sweetcorn and peas	Gluten free pasta bolognese with homemade garlic bread and green beans	Fish and chips with beans or peas
Vegan Option	Quorn fillet with new potatoes, cauliflower, broccoli and gravy	Vegan cheese pizza served with oven baked wedges, carrot and pepper sticks	Quorn meatball pasta bake with sweetcorn and peas	Savoury rice with homemade garlic bread and green beans	Quorn fishless fingers, chips with beans or peas
Salad Bar	Seasonal salad	Seasonal salad	Seasonal salad	Seasonal salad	Seasonal salad

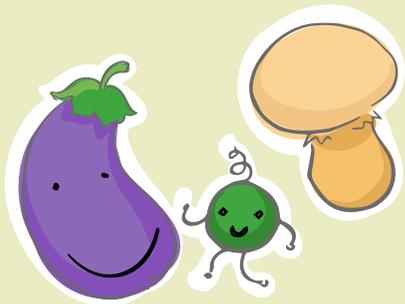
**£2.75** -The 3-week menu cycle meets the revised Scottish Nutrition Guidance for Food and Drink in Schools.

Every meal serves a portion of fruit and two portions of vegetables. Bread is available daily.

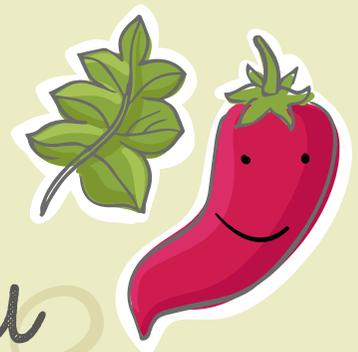
Option 1 or 2 - Soup or sweet, main meal, milk or water and piece of fruit served with this meal

Option 3 - Soup or sweet, piece of fruit, milk or water and crunchy veg bag served with this meal

Option 4 - Soup or sweet, piece of fruit, milk or water and salad served with this meal



# SPECIAL DIET



## menu

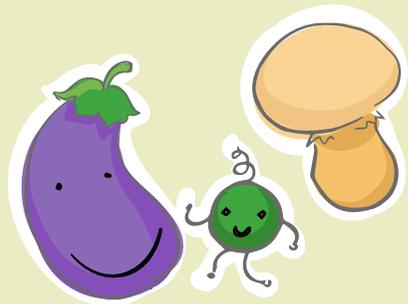
### WEEK 2

w/c 19/1/26, 9/2/26, 2/3/26, 23/3/26, 13/4/26, 4/5/26, 25/5/26, 15/6/26

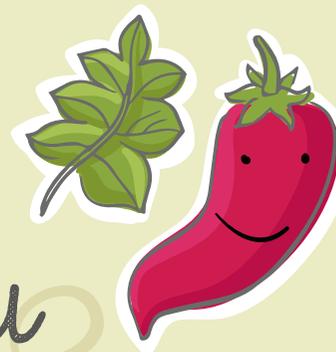
	Monday	Tuesday	Wednesday	Thursday	Friday
Soup or Sweet	Tomato soup or raisins	Lentil soup or yoghurt	Leek and potato soup or frozen yoghurt	Chicken noodle soup or raisins	Lentil soup or frozen yoghurt
Halal Menu Option	Cod fish fingers with oven baked wedges and crunchy veg	Halal chicken sausages and gravy with potatoes, peas and carrots	Cajun halal chicken pasta with crunchy veg sticks	Halal beef burger in bun with herby potatoes, sweetcorn and carrots	Salmon fish finger and chips with beans or peas
Dairy Free Option	Pasta Neapolitan with carrot sticks and peppers	Pork sausages and gravy with potatoes, peas and carrots	Chicken curry with rice and green beans	Beef burger in bun with herby potatoes, sweetcorn and carrots	Salmon fish finger and chips with beans or peas
Gluten Free Option	Breaded chicken goujons with oven baked wedges and crunchy veg	Pork sausages and gravy with potatoes, peas and carrots	Cajun chicken gluten free pasta with crunchy veg sticks	Beef burger in bun with herby potatoes, sweetcorn and carrots	Salmon fish finger and chips with beans or peas
Vegan Option	Pasta Neapolitan with carrot sticks and peppers	Vegan cheese pizza served with oven baked wedges, carrot and pepper Sticks	Vegetable Curry with rice and green beans	Quorn dippers with herby potatoes, sweetcorn and carrots	Vegan sausage roll and chips with beans or peas
Salad Bar	Seasonal salad	Seasonal salad	Seasonal salad	Seasonal salad	Seasonal salad

**£2.75** -The 3-week menu cycle meets the revised Scottish Nutrition Guidance for Food and Drink in Schools. Every meal serves a portion of fruit and two portions of vegetables. Bread is available daily.

- Option 1 or 2 - Soup or sweet, main meal, milk or water and piece of fruit served with this meal
- Option 3 - Soup or sweet, piece of fruit, milk or water and crunchy veg bag served with this meal
- Option 4 - Soup or sweet, piece of fruit, milk or water and salad served with this meal



# SPECIAL DIET



## menu

### WEEK 3

-w/c 26/1/26, 16/2/26, 9/3/26, 30/3/26, 20/4/26, 11/5/26, 1/6/26, 22/6/26

#### Monday

#### Tuesday

#### Wednesday

#### Thursday

#### Friday

Soup or Sweet	Monday	Tuesday	Wednesday	Thursday	Friday
Tomato soup or raisins	Lentil soup or yoghurt	Leek and potato soup or frozen yoghurt	Chicken noodle soup or raisins	Lentil soup or frozen yoghurt	
<b>Halal Menu Option</b>	Chicken sausages in gravy with mash, carrots and peas	Cottage pie with cauliflower and pea	Chicken fajita with Mexican rice, cucumber sticks and carrot sticks	Steak pie with mash potato, broccoli and cauliflower	Fish and chips with beans or peas
<b>Dairy Free Option</b>	Chicken meatballs in gravy with mash, carrots and peas	Cottage pie with cauliflower and peas	Chicken fajita with Mexican rice, cucumber sticks and carrot sticks	Steak pie with roasted potato, broccoli and cauliflower	Fish and chips with beans or peas
<b>Gluten Free Option</b>	Gluten free macaroni cheese with peas, cauliflower and homemade garlic bread	Gluten free pizza served with oven baked wedges, carrot and pepper sticks	Chicken fajita with Mexican rice, cucumber sticks and carrot sticks	Steak pie with roasted potato, broccoli and cauliflower (no pastry)	Fish and chips with beans or peas
<b>Vegan Option</b>	Vegan meatballs in gravy with mash, carrots and peas	Gluten free pizza served with oven baked wedges, carrot and pepper sticks	Vegan sausage hot dog in bun with potato cubes, cucumber and celery sticks	Vegan Quorn fillet with roasted potato, broccoli and cauliflower	Quorn fishless fingers and chips with beans or peas
<b>Salad Bar</b>	Seasonal salad	Seasonal salad	Seasonal salad	Seasonal salad	Seasonal salad

**£2.75** -The 3-week menu cycle meets the revised Scottish Nutrition Guidance for Food and Drink in Schools. Every meal serves a portion of fruit and two portions of vegetables. Bread is available daily.

- Option 1 or 2 - Soup or sweet, main meal, milk or water and piece of fruit served with this meal
- Option 3 - Soup or sweet, piece of fruit, milk or water and crunchy veg bag served with this meal
- Option 4 - Soup or sweet, piece of fruit, milk or water and salad served with this meal