

# Primary Menu



WEEK 1 - 7 OCT, 28 OCT, 18 NOV, 9 DEC, 30 DEC, 20 JAN, 10 FEB, 3 MAR, 24 MAR, 14 APR



	Meat Free Monday	Slow Cook Tuesday	Home Grown Wednesday	Around the world Thursday	Fishing Friday
<b>Starter</b>	Soup and Bread	Soup and Bread	Soup and Bread	Soup and Bread	Soup and Bread
<b>Main</b>	Cheese Pizza	Beef Chow Mein	BBQ Chicken Burger	Chicken Paella	Breaded Fish
<b>Main Option Vegetarian (v) Vegan (ve)</b>	Pasta Neapolitan (ve)	Quorn Chow Mein (v)	Mac and Cheese (ve)	Quorn Chinese Curry (v)	Vegan Sausage Roll (ve)
<b>Main Option Gluten Free</b>	Gluten Free Pizza	One Pot Chicken Meatballs and Rice Bowl	Gluten Free Mac and Cheese	Chinese Chicken Curry	Bubble Fish
<b>Lighter Option</b>	Sandwich of Choice with Soup	Baked Potato with Cheese Savoury Sandwich of Choice with Soup	Sandwich of Choice with Soup	Baked Potato with Tuna and Cheese Sandwich of Choice with Soup	Omelette Sandwich of Choice with Soup
<b>Carbohydrate/ Vegetable</b>	Oven Baked Wedges	Fried Rice	Herby Potato Cubes	Long Grain Boiled Rice	Chips
	Carrot and Pepper sticks	Roasted Veg and Baby Corn	Sweetcorn and Cherry Tomatoes	Cauliflower and Mixed Vegetables	Peas and Beans
<b>Salad</b>	Green Garden Salad	Green Garden Salad	Green Garden Salad	Green Garden Salad	Green Garden Salad
<b>Breads</b>	Baked Rolls and Bread	Baked Rolls and Bread	Baked Rolls and Bread	Baked Rolls and Bread	Baked Rolls and Bread
<b>Desserts</b>	Fruit and Raisins	Fruit and Yoghurt	Fruit and Raisins	Fruit and Yoghurt	Fruit and Ice Cream

**£2.43** – Starter, main choice or light option accompanied with their carbohydrate and vegetables, milk or flavoured milk and Dessert – pupils can have as much salad and bread and water as they want.

# Primary Menu

WEEK 2 - 14 OCT, 4 NOV, 25 NOV, 16 DEC, 6 JAN, 27 JAN, 17 FEB, 10 MAR, 31 MAR



	Meat Free Monday	Slow Cook Tuesday	Home Grown Wednesday	Around the world Thursday	Fishing Friday
<b>Starter</b>	Soup and Bread	Soup and Bread	Soup and Bread	Soup and Bread	Soup and Bread
<b>Main</b>	Cheese Pizza	Chicken Gyro	Cumberland Pie	Chicken Korma	Fish Finger Sandwich
<b>Main Option Vegetarian (v) Vegan (ve)</b>	Vegetable Chilli (ve)	Quorn Mince and Mash with Cheesy Top (v)	Quorn Bangers and Mash (ve)	Sweet Potato and Chickpea Curry (ve)	Quorn Fishless Finger Sandwich (ve)
<b>Main Option Gluten Free</b>	Gluten Free Pizza	Chicken Gyro	Cumberland Pie	Chicken Korma	Fish Finger Sandwich
<b>Lighter Option</b>	Sandwich of Choice with Soup	Baked Potato with Beans and Cheese Sandwich of Choice with Homemade	Sandwich of Choice with Soup	Baked Potato with Tuna and Cheese Sandwich of Choice with Soup	Vegan Sausage Roll Sandwich of Choice with Soup
<b>Carbohydrate/ Vegetable</b>	Oven Baked Wedges	Herby Potato Cubes (fried)	Potatoes	Naan Bread/ Boiled Rice	Chips
	Carrot and Pepper Sticks	Cucumber Batons and Sweetcorn	Carrot and Peas	Broccoli and Green Beans	Beans and Peas
<b>Salad</b>	Green Garden Salad	Green Garden Salad	Green Garden Salad	Green Garden Salad	Green Garden Salad
<b>Breads</b>	Baked Rolls and Bread	Baked Rolls and Bread	Baked Rolls and Bread	Baked Rolls and Bread	Baked Rolls and Bread
<b>Desserts</b>	Fruit and Raisins	Fruit and Yoghurt	Fruit and Raisins	Fruit and Yoghurt	Fruit and Ice Cream

**£2.43** – Starter, main choice or light option accompanied with their carbohydrate and vegetables, milk or flavoured milk and Dessert – pupils can have as much salad and bread and water as they want.

# Primary Menu

WEEK 3 - 21 OCT, 11 NOV, 2 DEC, 23 DEC, 13 JAN, 3 FEB, 24 FEB, 17 MAR, 7 APR



	Meat Free Monday	Slow Cook Tuesday	Home Grown Wednesday	Around the world Thursday	Fishing Friday
<b>Starter</b>	Soup and Bread	Soup and Bread	Soup and Bread	Soup and Bread	Soup and Bread
<b>Main</b>	Cheese Pizza	Pasta Bolognese	Gammon Steak	Filled Hot Dog	Fish and Chips
<b>Main Option Vegetarian (v) Vegan (ve)</b>	Pasta Arrabbiata (ve)	Ratatouille (ve)	Quorn Vegan Fillet (ve)	Quorn Dippers (ve)	Vegan Sausage Roll (ve)
<b>Main Option Gluten Free</b>	Gluten Free Pizza	Pasta Bolognese	Gammon Steak	Filled Hot Dog	Bubble Fish
<b>Lighter Option</b>	Sandwich of Choice with Homemade Soup	Baked Potato with Coleslaw and Cheese Sandwich of Choice with Soup	Sandwich of Choice with Soup	Baked Potato with Beans and Cheese Sandwich of Choice with Soup	Sandwich of Choice with Soup
<b>Carbohydrate/ Vegetable</b>	Oven Baked Wedges	Pasta	Boiled Potatoes	Herby Potato Cubes	Chips
	Carrot and Pepper sticks	Broccoli and Mixed Vegetables	Peas and Cabbage	Corn on the Cob and Cucumber Batons	Peas and Beans
<b>Salad</b>	Green Garden Salad	Green Garden Salad	Green Garden Salad	Green Garden Salad	Green Garden Salad
<b>Breads</b>	Baked rolls and Bread	Baked rolls and Bread	Baked rolls and Bread	Baked rolls and Bread	Baked rolls and Bread
<b>Desserts</b>	Fruit and Raisins	Fruit and Yoghurt	Fruit and Raisins	Fruit and Yoghurt	Fruit and Ice Cream

**£2.43** - Starter, main choice or light option accompanied with their carbohydrate and vegetables, milk or flavoured milk and Dessert - pupils can have as much salad and bread and water as they want.