

**Don't
ignore a
Fall!**

tell the falls service:
0141 427 8311

..or speak to a:

**GP, Nurse, Social Care
Worker, Pharmacist,
Physiotherapist, Carer
or Occupational
Therapist.**

www.nhsggc.org.uk/fallsprevention

**Are you or
someone
you know...**

at risk of a **Fall?**

had a fall?

feeling unsteady?

feel dizzy on standing?

worried about tripping?

medications haven't been

reviewed in a year?

Call the community falls service on -

0141 427 8311 -

www.nhsggc.org.uk/fallsprevention