

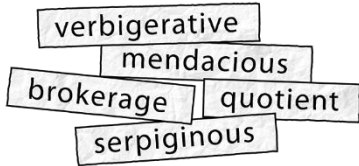
Tell us what you think about our latest **Draft** of East Dunbartonshire Carer Strategy 2023-2026



A **Draft** is a test version of a document that has not yet been finalised



What this document is about

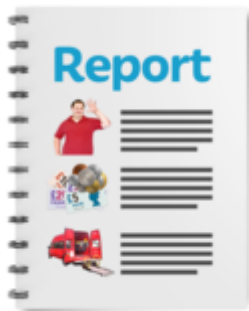


In this document we have used some words that not everybody will understand.

We have written these words in **bold**.



If you see a word written in bold it will be explained on the same page.



This is an easy read **summary** of the East Dunbartonshire Carers **Strategy** for the years 2023 to 2026.

A **summary** is a short version of a report that tells you only the main points.



A **strategy** is a big plan that tells you what is supposed to happen.



East Dunbartonshire **Health and Social Care Partnership** is working with Carers Link to develop this strategy.



Health and Social Care Partnerships were started so that local NHS and Council services work better together.



The report will tell you the plans East Dunbartonshire Health and Social Care Partnership have to make support and services better for Adult and Young Carers.



We want to know if you think the plans will make things better.



Your answers to these questions will help to make sure that the **strategy** is about the right things.

What does the Health and Social Care Partnership plan to do?



We plan to have better information and advice on support for carers.



We plan to offer support to carers as early as possible to stop things going wrong.



We plan to involve carers in planning their own support and support for the person they care for, including times when they are in hospital.

We plan to do this using their strengths and **skills** – things they are good at.



We plan to support carers to keep well and to get some quality time away from their caring role.



We plan to complete more Adult and Young People **Support Plans**.

A **Support Plan** says what support someone should have and how it will help them live their life.



We plan to make sure that everyone gets the same opportunities.



We plan to increase the types of support available to carers.



We plan to involve carers in the planning of new services and supports.



We plan to have communities that have the support and services that carers need.



We know the pandemic has been a difficult time for carers.

We plan to support carers to recover.

What do you think?





Do you think these are the right things to do to make support and services better?



Please put a mark in the box for your answer.

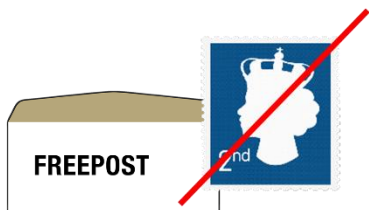
If you are filling out the form electronically, click in the box against your answer and a tick will appear.

 Yes	<input type="checkbox"/>
 No	<input type="checkbox"/>
? I am not sure	<input type="checkbox"/>

If you want to tell us more please write or type it in this space.



When you have finished, please print pages 7 to 10 of the form and post them to:



FREEPOST Plus RLYC-ETCK-ZSRY
Carers Link East Dunbartonshire
Enterprise Centre, Ellangowan Road,
Milngavie G62 8PH

You do not need a stamp.



You can also fill out this form electronically, save it, and email it to:
Gayle.Paterson@eastdunbarton.gov.uk



Please send us your answers before Sunday 30th April.





We will keep your information private.

The Carers Link privacy policy is online.

Please put a mark in the box for your answer.



If you are filling out the form electronically, click in the box against your answer and a tick will appear.

	<p>I want to give my answers without giving my name</p>	<input type="checkbox"/>
	<p>I am happy to give my name</p>	<input type="checkbox"/>



Name

Address



Phone number or email



Thank you!

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