

INFORMATION ON OUR SERVICE

"OUTLOOK" / "OUTREACH" is a community based support service within the East Dunbartonshire area. As part of the HSCP, we offer support to adults with learning disabilities who are 18 or over. We are not centre-based therefore almost everything we do takes place within the local community. The number of people we can support varies and is dependent on the needs of each individual who is referred to the service.

Our service operates by a set of guidelines called the Health and Social Care Standards. The objectives of the Standards are to drive improvement, promote flexibility and encourage innovation in how people are cared for and supported. www.gov.scot/publications/health-social-care-standards-support-life/documents/

The service is also guided by a document called "The Keys to Life" which tells day service workers how they should be supporting people with a learning disability. These guidelines were put together by people with a learning disability, carers, workers in learning disability services and members of the Scottish Parliament.

The Care Inspectorate governs our service with inspections taking place regularly. Previous reports can be found on their website www.careinspectorate.com/index.php/inspection-reports

For further information contact us on:-



0141 777 3027



The Outlook Project

Outlook & Outreach

COMMUNITY BASED

Day Services for Adults with Learning Disabilities



SUPPORT WE PROVIDE

All support we offer takes place within the community in East Dunbartonshire and the surrounding areas. We try, as far as possible, to access services and resources which people without a disability use. We provide support in a variety of areas including leisure, education, employment opportunities and independent living skills.

OUTLOOK has the use of project vehicles, including wheelchair adapted ones, which means we can go places which may be difficult to get to using public transport.



We run several small groups, such as Art Groups and Exercise Group, using community halls around the local area.



We have access to Kelvinbank Day Centre which provides resources that cannot be found in the community.



These specialised resources such as the Hydro Pool, a trampoline for rebound therapy, a sensory room, a room for physiotherapy exercises and a sensory garden, are especially useful for some people who require a high degree of support.

The OUTREACH part of the service is run in the evenings and weekends. This is mostly individual support and helps people to access activities such as clubs, cinemas or classes, to socialise with their friends or even to do their shopping.

