# Social Supports for Older People – Road map of support:

## Tier 7:

A formal day centre support service or alternative one to one support providing full personal and practical care as well as high levels of monitoring and supervision. If Centre based is registered to provide a safe and secure environment for people with high level physical needs and/or significant cognitive decline. Support is provided in venues that are physically accessible and feature dementia friendly environmental aspects. The support is provided by formal support staff who have received training which may include: SVQ in social care, communi cation, dementia awareness, and stress and distress techniques. Input from other support services including, CAB, Carers Link, East Dunbartonshire Voluntary Action, Ceartas, Community Health Resources.

#### Tier 5

Local community assets with access to transport, for example, bus, volunteer drivers, and volunteer support on and off transport. The location and venue of the asset is physically accessible and preferably has dementia friendly environmental aspects. There is volunteer support available while attending. There is formal support available for assistance with personal care if required. Both volunteers and formal support staff benefit from training which may include: communication, dementia awareness, and low level stress and distress techniques. Input from other support services including CAB, Carers Link, East Dunbartonshire Voluntary Action, Ceartas, and Community Health Resources.

## Tier 3:

Local community assets with access to transport, for example, bus, volunteer drivers, and volunteers to provide support on and off transport. The location and venue of the asset is physically accessible and may have dementia friendly environmental aspects. There is volunteer support available while attending. There may be input from other support services including My Bus, CAB, Carers Link, East Dunbartonshire Voluntary Action, and Ceartas.

## Tier 1:

Local community assets which may or may not offer access to transport. The location and venue of the asset is physically accessible. There may be volunteer support available while in attendance. There may be input from other supports including My Bus, CAB, Carers Link, East Dunbartonshire Voluntary Action, and Ceartas.

#### Tier 6:

Local community assets with access to transport and with support available on and off transport. The location and venue of the asset is physically accessible and preferably has dementia friendly environmental aspects. There is availability of both volunteer and formal support staff to assist with practical and personal care as well as monitor ing and supervision for those who require this level of support. Both volunteers and formal support staff benefit from training which may include: communication, dementia awareness, and stress and distress techniques. This level of support may mean attending a formal day centre or receiving dedicated one to one support for social stimulation. Input from other support services including CAB, Carers Link, East Dunbartonshire Voluntary Action, Ceartas and Community Health Resources.

#### Tier 4:

Local community assets with access to transport, for example, bus, volunteer drivers, and volunteer support on and off transport. The location and venue of the asset is physically accessible and may have dementia friendly environmental aspects. There is volunteer support available while attending. Input from other support services including Carers Link, East Dunbartonshire Voluntary Action, and Ceartas.

## Tier 2:

Local community assets which may or may not offer access to transport. The location and venue of the asset is physically accessible. There may be volunteer support available while in attendance. There may be input from other support services including My Bus, CAB, Carers Link, East Dunbartonshire Voluntary Action, and Ceartas.