

### Strategic Plan: 2022-25

### **Consultation Draft**



### **Caring Together to Make a Difference**

<u>Please note</u>: As a draft document, the focus is on content at this stage. Once the content is agreed, the document will be converted into a version that is more visually appealing, maximising the use of infographics and ensuring accessibility standards are met.

Version: 19.01.22

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### Consultation: Your Views

Health and Social Care Partnerships (HSCPs) were introduced in 2015 to bring together a range of community health and social care services. The idea behind creating HSCPs was to integrate services much more closely, delivering a single plan that sets out how to meet a set of national outcomes in a way that best meets local needs. The "single plan" is called the HSCP Strategic Plan, which HSCP Boards develop to describe out how they will plan and deliver services for their area, using the integrated budgets under their control.

East Dunbartonshire HSCP has produced two previous Strategic Plans, since it was created. A new Strategic Plan is now needed for the three year period 2022 to 2025.

HSCP Boards are collaborative at heart; they include membership from Local Authorities and Health Boards, plus representatives of service users, informal carers, professionals and clinicians, trade unions and third and independent sector service providers. When preparing its Strategic Plan, an HSCP Board must ensure that all of these partners, stakeholders and the general public are fully engaged in the process.

The process of consultation has followed three distinct stages. The approach we have taken was in part influenced by the public health constraints of the pandemic:

#### Stage 1

Obtaining views on the effectiveness of the previous Strategic Plan 2018-21 (This was carried out in November to December 2020);

#### Stage 2

Obtaining views on what the main challenges are for health and social care over the next three years that should inform our themes for development and improvement (We did this during July to August 2021). As a result of this we were able to agree a set of strategic priorities, enablers and supporting actions with the Health and Social Care Board, for the new Strategic Plan. This has provided the framework for the new plan.

More information on the outcomes from these consultation processes is provided in Annex 2 of this document (page 48)

#### Stage 3

With the benefit of the views of partners and stakeholders during stages 1 and 2, we have now produced a draft Strategic Plan. We are now welcoming views on this document. Please do take the time to read over this document, and share your views. We will be engaging with all of the HSCP's representative groups and the Third Sector to facilitate discussion and comment. You are also welcome to send your comments direct to: <a href="mailto:ggc.edhscpconsultation@ggc.scot.nhs.uk">ggc.edhscpconsultation@ggc.scot.nhs.uk</a>

If you would like to engage in another way, please email in the first instance (using the email address above) and we will get back in touch to discuss your needs.

This consultation period will run until 4 March 2022.

# Strategic Plan on a Page

The illustration below provides an overview of the Strategic Plan 2022-25. It shows the relationship between the strategic priorities and enablers and the actions that will be taken forward in support of these. It also illustrates that more detailed plans will take forward the specific changes and frames the overall plan within the HSCP's vision and values.

C PLAN ON A PAGE	EAST DUNBARTONSHIRE HSCP STRATEGIC PLAN ON A PAGE					
OUR VALUES sionalism, Empathy and Compassion, Respect				OUR VISION Caring Together To Make A Difference		
Improving Post Maximising Post Operational And Recovery Renewal Integration	Mental Health	Supporting Families and Carers	Public Protection	Prevention and Early Intervention	Empowering Communities	Empowering People
the impact of unscheduled	recovery	Supporting carers with their own needs and in their caring role	Prioritising our Key Public Protection	Extending rehabilitation and reablement	Building informal support options	Improving personalisation
Improving mental health support for children and young people the pandemic health and social care redesign the pandemic health are pandemic health and social care redesign the pandemic health are pandemic health and social care redesign the pandemic health are pandemic h	mental health support for children and	Implementing The Promise for children and young people	Statutory Duties	Supporting diversion from prosecution	Building local integrated teams	Reducing inequality and inequity of outcomes
Improving post- diagnostic dementia support  Developing integrated quality management arrangements  HSG	diagnostic dementia	Strengthening corporate parenting		Improving school nursing services	Modernising day services	Improving information and communication
Infractructure and Eng	ommissioning	Collaborative C		Medium Ter and Strateg	Organisational ppment	Workforce and Develo
Intions with the third Modernising health and social care facilities	ons with the third lent sectors	Co-designing soluti and independ		Maximising resou	wellbeing of the Il care workforce	Supporting the vector health and social
		Supporting pring p		Balancing inv	workforce and ng and after the lemic	workplace durir
ne Public Dental		Redesigning the Serv		Delivering sustain		Implementing a st supporting childre and we
Health Board Hosted Services Ro		Council & He Improveme		Wider Pai Improvem	vement Plans	HSCP Improv

### Introduction

#### Health & Social Care Partnerships: Some Background

The East Dunbartonshire Health and Social Care Partnership (HSCP) was established in 2015 following Scottish Government legislation to integrate health and social care services. The work of the Partnership is governed by the HSCP Board which comprises members from both East Dunbartonshire Council and NHS Greater Glasgow and Clyde Board, as well as those representing the interests of the third sector, staff, service users and carers and provider organisations. The HSCP is designed to be collaborative at every level, involving partners, stakeholders and representing the interests of the general public.

The ways in which health and social care services are planned and delivered across Scotland has significantly changed through integration. The HSCP Board is responsible for the integrated planning of a wide range of community health and social care services for adults and children. The delivery or arrangement of those services is then carried out by the Council and the Health Board on behalf of the HSCP Board, in line with its strategic and financial plans. The HSCP Chief Officer is responsible for the management of planning and operational delivery on behalf of the Partnership overall. An illustration of these governance arrangements is set out at **Annex 1**.

The East Dunbartonshire HSCP is one of six in the Greater Glasgow area. To ensure consistency and for economy of scale, some health services are organised Greater Glasgow-wide, with a nominated HSCP hosting the service on behalf of its own and the other five HSCPs in the area. A full list of the health and social care services and functions delegated to the HSCP Board is set out in the Integration Scheme.<sup>1</sup>

#### The HSCP Strategic Plan

Every HSCP Board is required to produce a Strategic Plan that sets out how they intend to achieve, or contribute to achieving, the National Health and Wellbeing Outcomes. Strategic Plans should also have regard to the National Integration Delivery Principles. Strategic Plans should consider how to best meet the particular population needs of their areas and should also set out their plans for localising services into smaller communities within their overall geography.

<sup>&</sup>lt;sup>1</sup> East Dunbartonshire Health and Social Care Partnership Board | East Dunbartonshire Council

#### **The Health and Wellbeing Outcomes**

People are able to look after and improve their own health and wellbeing and live in good health for longer.

People, including those with disabilities or long term conditions, or who are frail, are able to live, as far as reasonably practicable, independently and at home or in a homely setting in their community.

People who use health and social care services have positive experiences of those services, and have their dignity respected.

Health and social care services are centred on helping to maintain or improve the quality of life of people who use those services.

Health and social care services contribute to reducing health inequalities.

People who provide unpaid care are supported to look after their own health and wellbeing, including to reduce any negative impact of their caring role on their own health and well-being.

People who use health and social care services are safe from harm.

People who work in health and social care services feel engaged with the work they do and are supported to continuously improve the information, support, care and treatment they provide.

Resources are used effectively and efficiently in the provision of health and social care services.

#### The Integration Delivery Principles

That the main purpose of services is to improve the wellbeing of service-users

That those services should be provided in a way which:

- Is integrated from the point of view of service-users,
- Takes account of the particular needs of different service-users,
- Takes account of the particular needs of service-users in different parts of the area in which the service is being provided,
- Takes account of the particular characteristics and circumstances of different serviceusers,
- Respects the rights of service-users,
- Takes account of the dignity of service-users,
- Takes account of the participation by service-users in the community in which serviceusers live,
- Protects and improves the safety of service-users,
- Improves the quality of the service,
- Is planned and led locally in a way which is engaged with the community (including in particular service-users, those who look after service-users and those who are involved in the provision of health or social care),
- Best anticipates needs and prevents them arising, and
- Makes the best use of the available facilities, people and other resources.

#### The Overall Direction of the HSCP Strategic Plan 2022-25

This is the third full Strategic Plan produced by East Dunbartonshire HSCP. The last Strategic Plan 2018 – 2021 set out to improve the health and wellbeing of adults in East Dunbartonshire through the design and delivery of improved integrated health and social care arrangements and services. The Partnership later produced two HSCP Locality Plans which were developed in consultation with local communities. The HSCP Locality Plans provided a framework for how the Partnership intends to improve health and wellbeing at a local level whilst contributing to the achievement of the overall strategic priorities.

This new plan reflects on the progress the Partnership has made and sets out the strategic direction for the next three years and the key priorities it will focus on. Our vision remains unchanged, and our refreshed strategic priorities continue to reflect and support delivery of the National Health and Wellbeing Outcomes.

However, it is important to acknowledge that the landscape of health and social care has changed markedly in the few short years since the last plan was published. Our aspirations to improve and develop services in our 2018-21 Strategic Plan was affected significantly by financial pressures felt by the HSCP Board's main funding bodies; the Health Board and Council. This was compounded by increasing demand pressures and complexity being faced by services. The impact of the Covid-19 pandemic has been substantial and may be felt over the full period of this new Strategic Plan. For these reasons, this Strategic Plan has aspirations based on the realities of the pressures being faced in the health and social care sectors and building towards a fair, equitable, sustainable, modern and efficient approach to service delivery. Some of these areas of redesign with take longer than the three years of this Strategic Plan to deliver. Unless new resource streams are forthcoming, investment in one area means greater efficiency or disinvestment in another. Where we do have new funding streams, we want to:

- Invest in early intervention and prevention;
- Empower people and communities by encouraging more informal support networks at a local level;
- Ensure that people have access to better information earlier, to allow them to access the right support at the right time.

These developments should deliver better outcomes for people and will also make for a more efficient, sustainable system of care and support.

It is predicted we will continue to see significant change in the make-up of our population, with an increase in people living longer with multiple conditions and complex needs who require health and social care services. This rise in demand is expected to increase pressure on financial resources, rendering current models of service delivery unsustainable. We have shaped this plan to move in a strategic direction that is responsive and flexible for the future.

As we prepare to publish this new Strategic Plan, the Scottish Government's emerging plan on the creation of a National Care Service is underway, with potentially significant

implications for local Health and Social Care Partnerships. In the meantime, we have orientated this Strategic Plan based on what is known to us at this time. In the event of changes to the health and social care landscape, the HSCP Board will update and refresh this Strategic Plan as necessary.

#### **Annual Delivery Planning and Performance Review**

Each year, the HSCP Board will draw down actions in support of this Strategic Plan into an Annual Delivery Plan, which will be costed and prioritised. We will then report on progress towards each Annual Delivery Plan, and this overarching Strategic Plan, every year through our Annual Performance Report. More regular quarterly performance reports will also be provided to the HSCP Board and thereafter to the Council and Health Board.

# Health and Wellbeing of our Population

An understanding of the communities and people across the HSCP area population is vital in the planning and provision of health and social care services. This section is divided into three main parts: the first part is derived from East Dunbartonshire Council's Area Profile 2021 and sets out general population data as may impact or influence the health and social care needs of the population. The second part is more specific to the particular aspects of health and social care prevalence for the population and is informed by Joint Strategic Needs Assessments prepared by East Dunbartonshire HSCP. The final part summarises what the data appears to be indicating and how this affects the planning of future services.

**GENERAL POPULATION PROFILE DATA** (Source: East Dunbartonshire Council Population Profile 2021<sup>2</sup>)

#### Population Projections (2018 based)

By 2028:

- The overall population of East Dunbartonshire will increase by 3.8%.
- Children aged 0-15 are projected to increase by 4.5%.
- The working age population is predicted to increase by 3%.
- The highest population increase is expected to be seen in those aged 75+ with a predicted increase of 26% and by more than 40% for people over 85 (the highest in Scotland).

#### Life Expectancy

East Dunbartonshire has the second highest life expectancy in Scotland for both males and females, when compared with other council areas across Scotland.

#### **Ethnicity**

• The 2011 Census reported that 88.6% of the population in East Dunbartonshire were White Scottish with 4.8% being White Other British. 4.2% of the population were from a minority ethnic group.

#### **Household Composition**

• The 2011 Census reported that 11.8% of East Dunbartonshire households were one person households and is projected to rise by 10% between 2018 and 2043, with other household sizes remaining the same or reducing.

<sup>&</sup>lt;sup>2</sup> Statistics, facts and figures | East Dunbartonshire Council

#### **Average Weekly Earnings**

The average gross weekly earnings for full time workers living in East
Dunbartonshire in 2020 was 22% higher than the Scottish average, with female full
time workers earning more than male full time workers.

#### **Children in Families with Limited Resources**

 East Dunbartonshire has an estimated 12.4% of children who live in families with limited resources after housing costs, considerably lower than Scotland as a whole at 20.7%.

#### **Crime/Community Safety**

• East Dunbartonshire is regarded as a relatively safe place to live with the level of crime being around half that of the Scottish average.

#### Health (2011 Census)

#### General Health

- 84.9% of residents in East Dunbartonshire reported their health as being very good or good, 2% higher than the Scottish average.
- The percentage of East Dunbartonshire residents reporting their health as bad or very bad (4.3%) was lower than the Scottish average (5.6%).

#### **Limiting Illness or Disability**

• In East Dunbartonshire fewer people reported that their day-to-day activities were limited because of illness or disability (19.4%) compared to Scotland as a whole (21.4%).

#### **Teenage Pregnancies**

• The rate of teenage pregnancies is considerably lower in East Dunbartonshire when compared to Scotland as a whole, with numbers decreasing nationally and locally.

#### **Provision of Unpaid Care (2011 Census)**

- 10.9% of residents across East Dunbartonshire were reported to be providing unpaid care to relatives, friends or neighbours compared with 9.4% in Scotland.
- Of those who provided 50 hours or more of unpaid care the majority were aged 65 and over and were female.

#### Scottish Schools Adolescent Lifestyle and Substance Use Survey (SALSUS 2018)

• Smoking, alcohol and drugs use is lower in East Dunbartonshire than across Scotland as a whole. With drug use, however, the prevalence is closer, with the same percentage of young people aged 15 years or more having used drugs in the last month (12%).

#### **Deprivation**

 East Dunbartonshire is, as a whole, relatively less deprived than many other local authorities in Scotland. However, East Dunbartonshire has 8 datazones in the most deprived 25% in Scotland.

FINDINGS OF HEALTH & SOCIAL CARE JOINT STRATEGIC NEEDS ASSESSMENTS<sup>3</sup> (All sources detailed within)

#### **Population Health**

- 41.1% of East Dunbartonshire residents reported feeling in 'very good health' compared with 34.4% for Scotland (Source: Scottish Surveys Core Questions 2019)
- The proportion of the East Dunbartonshire population prescribed drugs for anxiety, depression or psychosis has increased from 13.6% in 2010/11 to 18.4% in 2019/20. Nationally the figure increased from 15% to 19.7%.
- 5.6% of the adult population in East Dunbartonshire reported a disability. Nationally this figure is 6.7% (Source: Census 2011)
- Of those with a reported disability, 48% were related to sensory impairment (Source: Census 2011).

#### Health & Well-being of Children and Young People Survey

- Only 13% of school pupils surveyed from East Dunbartonshire met the Scottish Government target of 60 minutes of moderate exercise a day
- 18% of school pupils surveyed in secondary school said they were current smokers
- 27% of school pupils surveyed said they drank alcohol at least once or twice a month

#### **Child and Adolescent Mental Health**

 There was a 44% increase in young people being prescribed antidepressants between 2014/15 and 2019/20

#### **Pregnancy**

• 5.5% of woman reported being current smokers at their first antenatal appointment in 2019/20.

<sup>&</sup>lt;sup>3</sup> East Dunbartonshire Health and Social Care Partnership Board | East Dunbartonshire Council

• 21% of pregnant woman in East Dunbartonshire in 2019/20 were considered to be obese, with 48.8% overweight or obese.

#### **Long Term Conditions**

- 28% of East Dunbartonshire residents identified themselves as having one or more long term conditions. The figure nationally was 30% (Source: Census 2011);
- 6% of individuals on East Dunbartonshire GP registers had a diagnosis of cancer in 2018/19 (Source: Public Health Scotland);
- Arthritis, cancer and CHD were the most prevalent conditions in East Dunbartonshire, though prevalence was lower than the Scotland figures for all (Source: Public Health Scotland).

#### **Hospital Activity**

- 52% of patients in East Dunbartonshire who had an emergency admission to hospital in 2018/19 were aged over 65yrs (Scotland 44%)
- Of those with multiple emergency admissions 49% were aged 65 years or over (Scotland 41%)
- The East Dunbartonshire A&E attendance rate increased slightly from 255.9 per 1,000 in 2017/18 to 260.7 in 2019/20, however still remained below the Scotland rate of 285.1
- The number of people with multiple emergency admission (2+) decreased by 7% between 2014/15 and 2018/19 (Scotland experienced a 6% increase)
- East Dunbartonshire had an elective admission rate of 166.7 per 1,000 in 2019/20, around 50% higher than the Scotland rate of 111 per 1,000
- 17.1% of elective hospital admissions in East Dunbartonshire were for 'General Surgery' and 13.7% for 'Gastroenterology'.
- East Dunbartonshire has a higher A&E attendance rate for under 16 year olds, compared with Scotland
- In 2018/19 only around 12% of under 16 A&E attendances resulted in a hospital admission

#### Deaths

- 71.8% of deaths in East Dunbartonshire in 2019 occurred in those aged 75+ (Scotland 63.0%)
- The most common cause of death in East Dunbartonshire for 2019 was cancer, which accounted for 29.6% of all adult deaths
- For those who died, 89% of people in East Dunbartonshire spent the last 6 months of their life at home or community setting (Scotland 88%)

### SUMMARY OF THE HEALTH AND SOCIAL CARE NEEDS OF THE EAST DUNBARTONSHIRE POPULATION

Despite relatively low average levels of deprivation, East Dunbartonshire faces challenges in terms of demand for health and social care services. These demands are in a significant part due to an ageing population and high life expectancy, with East Dunbartonshire having experienced the largest growing 85+ population in Scotland, which is the age-group most in receipt of services.

The significantly longer life expectancy in East Dunbartonshire (compared to the Scottish average), means that proportionately more older people here are likely to be affected by long-term conditions such as cancer and arthritis that can lead to further health complications. This is supported by the finding that significantly more emergency admissions in East Dunbartonshire were aged 65+ compared with Scotland as a whole. East Dunbartonshire also has a higher elective hospital admission rate than Scotland, which is also associated with an ageing population<sup>4</sup>.

With the growth in the 85+ population projected to continue to rise by around 5% per year, it should therefore be expected that East Dunbartonshire will continue to see a rise in elective admissions in the coming years, with associated frailty also leading to a higher risk of unscheduled hospital care. With the COVID-19 pandemic causing a backlog of elective admissions nationally, this may be particularly felt in East Dunbartonshire which may result in increasing demand for community-based services.

Mental health prevalence is on the increase for children and young people, with growing numbers receiving prescribed medication. Drug use amongst young people in East Dunbartonshire is close to the Scottish average.

In public health terms is also crucial to recognise the impact of relative poverty on health and wellbeing. Despite relative prosperity overall in East Dunbartonshire, the known impact of deprivation in affected communities is an issue that the HSCP must prioritise in order to ensure that access to and impact of services is equitably targeted to people and communities who are risk of poorer health.

At the time of preparing this Strategic Plan, the COVID-19 pandemic is already demonstrating its impact on health and wellbeing. Higher rates of mental illness, alcohol and drug use and public protection referrals have all been experienced in East Dunbartonshire over the period of the pandemic, and likely to have a number of yet unknown consequences on both population health, which should be taken in to account for future planning. Some of these trends pre-date the pandemic; for example: the proportion of the East Dunbartonshire population prescribed drugs for anxiety, depression or psychosis has increased substantially. It will be incumbent upon the HSCP and all of its partners to work together to meet both the pre-existing and new challenges post-pandemic.

 $<sup>^4</sup>$  ANALYSIS OF TRENDS IN EMERGENCY AND ELECTIVE HOSPITAL ADMISSIONS AND HOSPITAL BED DAYS: 1997/98 TO 2014/15, R Wittenberg et al, 2015

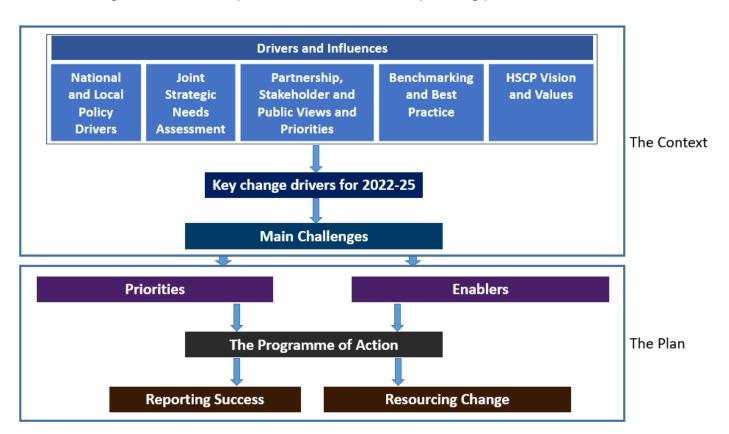
### The Context for Change

#### **Drivers for Change**

When we considered our plans for the next three years, we had to think about what is driving change nationally and locally. In this plan, we call these "drivers for change".

These drivers for change collectively indicate what and where our focus needs to be. We then need to consider where we currently stand in relation to these drivers and therefore what work we need to do to meet the demands and challenges that lie ahead. Much of what we need to do will be common with other HSCPs, but some will be specific to the needs of our local communities and reflect local priorities.

We have considered that the main drivers for change are: national and local policy; the health and social care needs of our population; the views, expectations and aspirations of local people; examples of good work being done elsewhere; and our Partnership's vision and values. These should collectively help identify what the challenges are, how we meet these challenges and what our priorities should be. This planning process is show below:



We have separated out our Strategic Priorities and our Strategic Enablers. We learned from our last Strategic Plan that change does not happen unless investment is made in areas such as workforce, workplace, technology, planning and financial systems to support these changes. So we wanted to give greater profile to these "enablers" for change in our new Plan. More detail on these priorities and enablers is set out later in the Plan.

#### **National and Local Policy Drivers**

The box below sets out what we consider to be the key policy drivers for the next three years. This list does not include everything that the HSCP does on a daily basis; that would be a much longer list. Rather, we wanted to identify what we think will be the main drivers for change over the period of this plan.

Key Policy Drivers: National	
United Nations Convention on the Rights of the Child	Audit Scotland: Health and Social Care Integration - Update on progress (Nov 2018)
Human Rights Act 1998	Digital Strategy For Scotland (2021)
National Clinical Strategy for Scotland (2016)	A Fairer Healthier Scotland (June 2012)
Scottish Government Review of Progress with Integration of Health and Social Care (Feb 2019)	Framework for supporting people through Recovery and Rehabilitation during and after the COVID-19 Pandemic
Public Bodies (Joint Working) (Scotland) Act 2014	Re-mobilise, Recover, Re-design: the framework for NHS Scotland
A Fairer Scotland for Disabled People: Delivery Plan (2016) and Duty (2018)	Joint Inspection of HSCP Adult Services in East Dunbartonshire (July 2019)
Health and Social Care Delivery Plan (Dec 2016)	Scottish Govt: Framework for Community Health and Social Care Integrated Services (Nov 2019)
Healthcare Improvement Scotland: Making Care Better - Better Quality Health and Social Care for Everyone in Scotland: A strategy for supporting better care in Scotland: 2017–2022	The Promise: action to take forward the findings of the independent care review for care experienced children and young people (Oct 2020)
Community Mental Health and Wellbeing Supports and Services Framework (Children and Young People)	A Scotland Where Everybody Thrives: Public Health Scotland's Strategic Plan 2020–23 (Dec 2020)
Rights, Respect and Recovery: Alcohol and Drug Treatment Strategy	Coronavirus (COVID-19): Strategic Framework (update - Feb 2021)
Suicide Prevention Action Plan: Every Life Matters	The Independent Review of Adult Social Care (March 2021)
Justice in Scotland: vision and priorities (July 2017)	The National Perinatal and Infant Mental Health Policy Framework
Coming home: complex care needs and out of area placements 2018	National Mental Health Strategy 2017-2027 (March 2017)
Universal Health Visiting Pathway in Scotland: pre-birth to pre-school	Guidance on Joint Investigative Interviewing of Child Witnesses in Scotland
National Learning Disability Strategic: The Keys to Life	Transforming nursing, midwifery and health professions roles
Best Value: revised statutory guidance 2020	

Key Policy Drivers: Local	
The East Dunbartonshire Local Outcome Improvement Plan (2017-27)	NHSGG&C and East Dunbartonshire Council Covid-19 Recovery and Remobilisation Plans
NHSGG&C Health and Social Care Strategy: Moving Forward Together (July 2019)	NHSGG&C Board-wide strategies: Mental Health, Learning Disability, Unscheduled Care, Health Visiting, School Nursing, District Nursing, Rehabilitation.
Turning the Tide through Prevention: NHSGG&C Public Health Strategy 2018-28	Five Year Strategy for Adult Mental Health Services in Greater Glasgow and Clyde 2018- 2023

#### Analysis of the Health and Social Care Needs of the East Dunbartonshire Population

We have undertaken a major analysis of the health and social care needs of the local population and produced our findings in two documents, called Joint Strategic Needs Assessments; one for adults and one for children. Some of the key findings and potential implications are set out in the previous section of this Plan.

#### Consultation and Engagement with Partners, Stakeholder and the Public

The preparation of this Strategic Plan has also been supported by analysis of consultation activity undertaken by services and by the HSCP more widely since the preparation of the last Strategic Plan. This activity is summarised at **Annex 2** and has helped to indicate the priorities for improvement and development that are set out in this document.

#### **Benchmarking and Best Practice**

We looked at the most recently prepared Strategic Plans in other HSCP areas, to find out the priority areas for improvement and development identified by them. Of the 13 plans we looked at, the most common priorities are set out in the chart below. These were:

Prevention Wellbeing
Effective use of resources Personalisation
Integration Locality
Equality Community

Engagement

In November 2019, the Scottish Government published "A Framework for Community Health and Social Care Integrated Services<sup>5</sup>" which was designed to inform the development of local transformation plans, drawing on what is known to work in other areas. We have used this document to support the early preparation of our new Strategic Plan.

<sup>&</sup>lt;sup>5</sup> a-framework-for-community-health-and-social-care-integrated-services-07-november-2019.pdf (hscscotland.scot)

#### **HSCP Vision and Values**

The East Dunbartonshire HSCP's vision is "Caring Together to make a Difference", supported by seven values of Professionalism, Integrity, Honesty, Respect, Empathy and Compassion. These principles are at the heart of this new Strategic Plan and set the tone for how we intend to deliver the plan for the people of East Dunbartonshire.

#### The Main Challenges

After analysing the main policy drivers, the local needs analysis and the priority work being taken elsewhere, we think that the main challenges for the HSCP over the next few years will be:

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Post-pandemic recovery and consequence

Population and demographic change, particularly for older people

Increasing volume and complexity of presenting needs

Social and health inequalities

Increasing mental health and wellbeing concerns

Increasing public protection concerns

Need for improved outcomes for care experienced young people

Increasing pressure on informal carers

Demand for personalisation and choice

Importance of adopting human rights-based approaches

Pressure on acute hospital in-patient services

Pressure on primary and community health and social care services

Financial constraints and public sector reform

The uncertainties of the review of adult social care

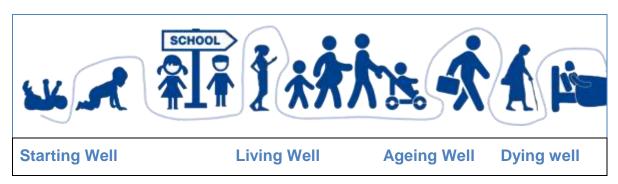
Environmental and climate impacts

#### **Meeting These Challenges**

The next section of the Strategic Plan sets out the priorities, enablers and actions that need to be taken forward in East Dunbartonshire to best meet these challenges, within the resources available.

# Our Strategic Priorities and Enablers

The Strategic Plan emphasises the need to plan and deliver services that contribute to health, wellbeing and safety throughout people's lives. This approach focuses on a healthy start to life and targets the needs of people at critical periods throughout their lifetime. It also includes intervening and supporting people when their safety and welfare may be at risk and if they find themselves involved with justice services. The Strategic Plan promotes timely effective interventions that address the causes, not just the consequences, of ill health, deprivation and a range of other life circumstances.



By analysing the key drivers for change and the main challenges set out in the previous section, the HSCP has identified eight **Strategic Priorities** and four **Strategic Enablers** to support the delivery of these priorities:

STRATEGIC PRIORITIES			
Empowering People	Empowering Communities	Prevention and Early Intervention	Public Protection
Supporting Carers and Families	Improving Mental Health and Recovery	Post-pandemic Renewal	Maximising Operational Integration

We know from experience that improvement and development of services does not happen on its own. It often needs other factors to permit, allow or empower a change to happen. In this new Strategic Plan we think it is important to give higher profile to these enablers. If we can invest in the enablers then it is more likely that service improvement and development can happen. The key enablers for change that we have identified so far, are set out in the box below:

	STRATEGIO	CENABLERS	
Workforce and Organisational Development	Medium Term Financial and Strategic Planning	Collaborative Commissioning	Infrastructure and Technology

#### **Taking Forward These Strategic Priorities and Enablers**

As outlined in the Introduction, the HSCP needs to balance its aspirations for transformative service redesign and continuous improvement with an approach that delivers achievable and sustainable change. These strategic priorities and enablers provide the framework for change, but the actions taken in their pursuit need to be specific, measurable, achievable, realistic and deliverable within timescale.

Some of these areas of development will take longer than the three years of this Strategic Plan and will be dependent upon decisions about future funding that we are not able to predict at this time. For these reasons, a Programme of Action has been outlined in the next section of the Strategic Plan that aims to provide more detail on what the HSCP Board intends to focus on specifically, in pursuit of these priorities.

It is important to ensure we are clear about the linkages between our local strategic priorities and enablers and the National Health and Wellbeing Outcomes. These linkages are set out in **Annex 3**.

# Our Programme of Action

This section focuses in more detail on what we intend to take forward in pursuit of our Strategic Priorities and Enablers, over the three years of this plan (2022-2025). Some of these actions will be focused on **improving** what we already do, whereas other actions will be more transformative in nature and will contribute to longer term **service redesign**.

For each action set out below, there will be a **delivery mechanism** established. These delivery mechanisms will collectively act as the "engine room" for change. This approach recognises that the Strategic Plan does not have the space to set out in detail how all actions will be taken forward and their specific deliverables, but that detail does need to be set out transparently at some level. Our commitment is that each action will be taken forward with its own project-planning arrangements in place and with a project lead established. Each year an **Annual Delivery Plan** will draw down the Strategic Plan actions for the year, with progress reported regularly to the HSCP Board and then annually as part of the HSCP Board's Annual Performance Review.

Strategic Priority	Action	Objectives for 2022-25
Empowering People	Improving personalisation	Embed and further develop digital solutions, to support self-management (Redesign).
		Further develop person centred, rights-based, outcome focused approaches (Improvement).
	Reducing inequality and inequity of outcomes	Further reduce inequality of health outcomes and embed fairness, equity and consistency in service provision (Improvement).
	Improving information and communication	Improve service information and public communication systems, advice, reflecting specific communication needs and preferences (Improvement).
Empowering Communities	Building informal support options	Work with communities to develop a network of assets and informal supports, to complement formal, statutory support options (Redesign).
	Building local integrated teams	Develop local, co-located services with integrated multi-disciplinary teams to improve services and reduce our carbon footprint (Redesign).

Prevention and	Modernising day services  Extending	Redesign day services for older people and adults with learning disabilities, to create a wider range of informal and formal support options (Redesign).  Further develop rehabilitation services
Early Intervention	rehabilitation and reablement	and reablement approaches to sustain people for longer in the community (Improvement)
	Supporting diversion from prosecution	Extend the range of options for diversion from prosecution available to the Procurator Fiscal Service to extend ability to address the underlying causes of offending, as an alternative to prosecution (Improvement).
	Improving school nursing services	Develop School Nursing Services in line with the GG&C overall improvement plan (Improvement).
Delivering our Key Social Work Public Protection Statutory Duties	Prioritising public protection	Ensure the highest quality standards in identifying and responding to actual and potential social work public protection concerns (Improvement).
Supporting Families and Carers	Supporting carers with their own needs and in their caring role	Recognise better the contribution of informal carers and families in keeping people safe and supporting them to continue to care if that is their choice (Improvement).
	Implementing The Promise for children and young people	Ensure that every care experienced child grows up loved, safe and respected, able to realise their full potential (Improvement).
	Strengthening corporate parenting	Strengthen corporate parenting, to improve longer term outcomes for care experienced young people, by community planning partners working collectively (Improvement).
Improving Mental Health and Recovery	Improving adult mental health and alcohol and drugs recovery	Redesign services for adult mental health and alcohol and drugs services to develop a recovery focussed service (Redesign).
	Improving mental health support for children and young people	The provision of faster, more responsive support for children and young people with mental health challenges (Improvement).
	Improving post- diagnostic support for people with dementia	Increase the capacity of the post diagnostic support service (Improvement).

Post Pandemic Renewal  Maximising Operational Integration	Understanding and responding to the impact of the pandemic  Right Care Right Place: urgent and unscheduled health and social care redesign	Understand the impact of the pandemic on the health and wellbeing of our population (including those living in care homes), the responses necessary to meet these needs and resource requirements (Redesign).  Improve patient experience, safety, clinical outcomes, and organisational efficiency in responding to and managing urgent health care needs and preventing unnecessary hospital care (Redesign).
	Developing integrated quality management arrangements	Further develop robust, quality-driven clinical and care governance arrangements that reflect the National Health and Social Care Standards and the Partnership's Quality Management Framework (Improvement).
Strategic Enabler	Action	Objectives for 2022-25
Workforce and Organisational Development	Supporting the wellbeing of the health and social care workforce	Respond to the pressures across all staff, independent contractors, commissioned services, partners and stakeholders due to the impact of the pandemic, with wellbeing support prioritised (Redesign).
	Equipping the workforce and workplace during and after the pandemic	Ensure that the workforce and the workplace is prepared and equipped to respond to the impact of the pandemic (Redesign).
	Redesigning the Public Dental Service to support the new delivery model	Redesign the Public Dental Service to enable the service to proceed to implement a new service delivery model (Redesign).
	Implementing a skills framework for supporting children's mental health and wellbeing	Support the improvement of children's mental health and wellbeing, by implementing a national workforce knowledge and skills framework (Improvement).
Medium term Financial and Strategic Planning	Maximising available resources	Maximise available resources through efficiency, collaboration and integrated working (Improvement).

	Balancing investment and disinvestment	Balance investment and disinvestment to deliver HSCP priorities within the medium term financial plan (Improvement).
	Delivering financial sustainability	Ensure longer term sustainability of services within available resources (Redesign)
Collaborative Commissioning	Co-designing solutions with the third and independent sectors	Build collaborative commissioning through the development of a new Commissioning Strategy that focuses on improved efficiency, co-designed and co-produced solutions and better outcomes in collaboration with third and independent sector providers (Redesign).
	Supporting primary care improvement	Support primary care improvement and multi-disciplinary working through development in line with the new General Medical Services Contract Memorandum of Understanding (Improvement).
Infrastructure and Technology	Modernising health and social care facilities	Progress towards the development of appropriate, modern facilities that enable co-location of team members and services as well as alignment with GP Practices (Redesign).
	Maximising the potential of digital solutions	The delivery of a comprehensive Digital Health and Social Care Action Plan that maximises the potential of digital solutions, whilst ensuring equality of access for everyone (Redesign).

#### **Redesign and Transformation: The Principles**

The Financial Plan section of this document sets out in more detail how these development commitments will be undertaken within the HSCP's overall budget. As indicated in the Introduction, the HSCP operates within a very constrained financial environment, so unless new funding is forthcoming, any investment in one area will have to be offset by increased efficiency or disinvestment in another area of the HSCP's business. In order to make this process as transparent as possible, the Financial Plan will identify any new specific additional funding that has been received (or may be expected) to support new developments. Over the course of the next three years, some additional new funding sources may be introduced that we are not

yet aware of, but so too may be reductions in funding or pressures elsewhere.

The idea behind service redesign and transformation is a recognition that a combination of greater demand for services, increasing levels of complexity and financial pressures means that the current ways of designing and delivering some services may need to fundamentally change. The objective of service redesign and transformation is to ensure that the HSCP is able to best meet these challenges in the future. In doing so, the following principles will be applied to ensure consistency in the approach to redesign and to generate efficiencies in ways that minimise negative impact:

- Contribute to delivery of the Strategic Plan priorities and enablers
- Maximise opportunities for integration and collaboration, where this results in improved processes, services and efficiency
- Maximise the use of technology/digital delivery
- Maximise the potential for informal supports and community assets
- Maximise community-based care
- Ensure fairness and equity
- Localise services wherever possible
- Meet statutory obligations
- Commit to Best Value

#### Organisational Alignment: "The Golden Thread"

It is vital that the Strategic Plan is an active cog in the work of the HSCP. Sometimes strategies are written, then gather dust until they are replaced, without having had guiding impact across the organisation. With this HSCP Strategic Plan, the intention is to ensure that its strategic priorities and enablers are aligned and woven into the fabric of the organisation. This means that while the Strategic Plan sets out the direction of travel at a relatively high level, its priorities are owned at every level and by everyone in the Partnership can recognise their contribution at individual, team and leadership levels. This is often called the "golden thread" of planning and performance management. It means that the organisation as a whole has shared ambitions and goals across the HSCP. It clarifies the role of leadership and accountability with agreed priorities, agreed performance targets, a shared commitment to deliver by everyone and the delivery of planned objectives at all levels.

In illustration, this process is set out organisationally below, for the HSCP. The structure shows the change drivers, the central role of the Strategic Plan and the function of Annual Delivery Plans that will draw down actions each year in support of the Strategic Plan's goals. Below that, is the service level improvement activity that is more operational and the contributions that individuals make to this. Along the

bottom are the controls and supports to the process, including feedback mechanisms on performance, cost, risk, impact and quality.

#### **Strategic Planning and Organisational Alignment HSCP Governance Framework Drivers Drivers** National and Partnership, **HSCP Strategic Plan Local Policy** Stakeholder and Why: Vision and Values **Drivers Public Views** and Priorities What: Health and Wellbeing Outcomes How: Service Redesign, Delivery Principles, Financial Framework Joint Strategic Benchmarking When: Priorities & Commitments Needs and Best **Practice** Assessment Making the Difference: Measures of Success Annual Delivery Plan Team and Individual Development Subordinate actions within Delivery Plan projects Other service and team improvement and redesign actions Individual staff contributions to improvement and redesign Performance Management Risk and Impact Management **Quality Management** Financial Management **HSCPB** Annual and Quarterly Impact assessment and Application of HSCP Quality Monitoring of Delivery Performance Reports management Management Framework Plan expenditure within across all services and teams financial envelope SMT Monthly Performance and Risk assessment and Service Reports Individual staff contributions to management Monitoring of service-level

Individual Performance and

Development Review

quality and self-evaluation

improvement and

redesign expenditure

### Working Together

The Health and Social Care Partnership is collaborative by definition. The HSCP Board operates within a wider context of planning together with East Dunbartonshire Council and Greater Glasgow and Clyde Health Board HSCP, as well as by the Third Sector, by independent sector providers and across the full spectrum of Community Planning. Partnership working is of utmost importance to make the best use of our local resources for the benefit of people living and working in our communities. The HSCP Strategic Plan aligns itself in particular to East Dunbartonshire's Community Planning priorities and NHS Greater Glasgow and Clyde's vision for health and social care, Moving Forward Together.

#### **Community Planning**

The HSCP Board is an equal partner in the East Dunbartonshire Community Planning Partnership and has responsibility for leading on key outcomes within the Local Outcome Improvement Plan, as well as contributing to others:

Local Outcome 1:	East Dunbartonshire has a sustainable and resilient economy with busy town and village centres, a growing business base, and is an attractive place for visitors and investors.
Local Outcome 2:	Our people are equipped with knowledge and skills for learning, life and work.
Local Outcome 3:	Our children and young people are safe, healthy and ready to learn.
Local Outcome 4:	East Dunbartonshire is a safe place in which to live, work and visit.
Local Outcome 5:	Our people experience good physical and mental health and wellbeing with access to a quality built and natural environment in which to lead healthier and more active lifestyles.
Local Outcome 6:	Our older population and more vulnerable citizens are supported to maintain their independence and enjoy a high quality of life, and they, their families and carers benefit from effective care and support services.

Central to the HSCP's contribution to community planning is how it can support a locality-based approach. Community planning within localities (previously called "Place" planning) allows community planning partners to look at outcomes in the context of smaller communities and to plan how we will work with each other and with local people in these areas. In 2011 a locality approach to delivering services began in Harestanes & Hillhead and has since been extended to Auchinairn,

Lennoxtown and Twechar. Using a locality approach means encouraging greater communication between services and with residents of a particular locality to devise solutions to reduce disadvantage in their area. This puts the people, who are local to that area, central to the service planning.

#### **Moving Forward Together**

NHS Greater Glasgow and Clyde's strategy Moving Forward Together (MFT) describes a tiered model of services where people receive care as near home as possible, travelling to specialist centres only when expertise in specific areas is required. MFT promotes greater use of digital technology and maximising the utilisation of all resources, with a drive to ensure all practitioners are working to the top of their professional abilities. It recommends supported self-care and better links between primary and secondary care. The key elements on which the Moving Forward Together Programme has been based are:

Aligned to the national strategic direction

Consistent with the West of Scotland Programme

Reflect a whole system programme across health and social care

Use the knowledge and experience of our wide network of expert service delivery and management teams

Involve our service users, patients and carers from the outset

Engage with, and listen to, our staff and working in partnership

Embrace new technology and the opportunities of eHealth

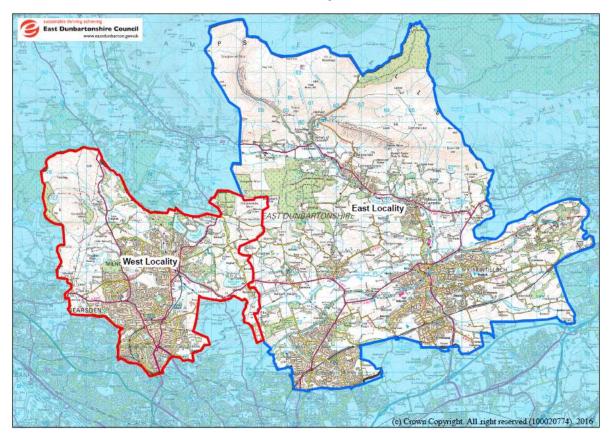
Affordable and sustainable.

#### **HSCP Locality Planning**

East Dunbartonshire HSCP has been divided into two localities for health and social care planning and service delivery purposes. These HSCP locality areas reflect natural communities as shown in the map below and consist of:-

- The east of East Dunbartonshire (Bishopbriggs, Torrance, Lenzie, Lennoxtown, Kirkintilloch, villages and settlements).
- The west of East Dunbartonshire (Bearsden, Milngavie, villages and settlements)

#### **East Dunbartonshire HSCP Localities: Map**



When planning services we aim to reflect the diverse needs of our communities in how they are delivered and we adapt accordingly. To support this, each locality has a Locality Planning Group comprising a range of partners and stakeholders. Over the period of this Strategic Plan, these localities will be instrumental in delivering the strategic priorities in the following ways, reflecting their particular local needs and circumstances:

- Leading the HSCP's Community Empowerment priority at a locality level (including community planning activity in support of locality (previously "Place" planning);
- Implementing the Primary Care Improvement Plan, and;
- Localising integrated co-located services.

#### **Climate Action**

All Public Bodies, including Health & Social Care Partnerships, are required by the Scottish Government to reduce greenhouse gas emissions, adapt to a changing climate and promote sustainable development. The HSCP's constituent bodies employ the HSCP workforce and hold capital, fleet and infrastructure, so responsibility sits primarily with East Dunbartonshire Council and NHS Greater Glasgow and Clyde, with the HSCP adhering to the policies of these two organisations. The HSCP will contribute to carbon reduction over the period of the

#### Strategic Plan by:

- Reducing business miles;
- Developing localised services;
- Promoting flexible working policies;
- Reducing waste, and;
- Maximising energy efficiency.

The Strategic Priorities and Enablers will be geared to contribute to these objectives, particularly through the following actions:

Strategic Priority	Action	Reducing Climate Impact
Empowering Communities	Building local integrated teams	Reducing travelling costs for staff, by operating within practice localities.
	Modernising day services	Providing support within existing community assets, so reducing scale of building-based services with associated environmental impact.
Strategic Enabler	Action	Reducing Climate Impact
Workforce and Organisational Development	Supporting the wellbeing of the health and social care workforce	Promoting flexible working practices, including home working that can positively reduce greenhouse gas emissions and building-based space requirements.
Infrastructure and Technology	Modernising health and social care facilities	Developing local, integrated health and social care facilities, fewer in number and operating to higher efficiency standards.
	Maximising the potential of digital solutions	Increasing the availability of online, digital and virtual solutions, for people who would benefit from these options. These approaches reduce the need for travelling to building bases.

A Strategic and Environmental Impact Screening Assessment of this HSCP Strategic Plan has been undertaken as part of its preparation.

#### **Reducing Inequalities**

Central to the objectives of the HSCP Strategic Plan 2022-25 is to pursue improvement activity that contributes to reducing inequality and inequity of health and social care outcomes. In addition to this being a dedicated action area in support of the Empowering People priority, the plan itself has been fully Equality Impact Assessed in line with the requirements of the Equality Act 2010. The Strategic Plan has also been assessed in support of the Fairer Scotland Duty which requires public bodies to actively consider how they can reduce inequalities of outcome caused by socio-economic disadvantage, when making strategic decisions.

### The Housing Dimension

The inclusion of a Housing Contribution Statement in HSCP Strategic Plans is designed to ensure that the role and contribution of the housing sector is given strong profile in contributing to the shared outcomes and priorities for health and wellbeing. The housing dimension reflects the emphasis on joint working with key stakeholders to deliver high quality services in our communities and provides the basis for measuring the contribution housing can make in meeting local and National priorities.

#### **Governance and Strategic Background**

Key policy drivers, specific to housing are listed below and represent the statutory obligations placed on the housing service in both social rented and private sectors.

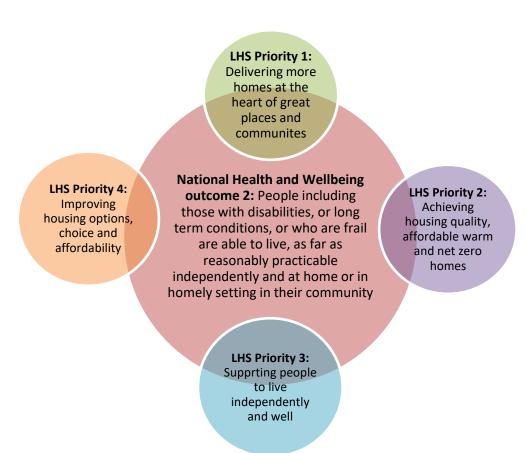
Key Housing Policy Drivers	
Housing (Scotland) Act 1987	Housing to 2040
Homelessness etc. (Scotland) Act 2003	Housing (Scotland) Act 2010
Housing (Scotland) Act 2001	Scottish Housing Regulator
Anti-social Behaviour etc. (Scotland) Act 2004	Housing (Scotland) Act 2014
Housing (Scotland) Act 2006	Local Development Plans

#### **Local Housing Strategy (LHS)**

The 2011 Census tells us that in East Dunbartonshire, there are just under 47,000 dwellings. Forty percent of these being owned outright. This is higher than the Scottish Average (28%) while 42% were recorded as being owned with a mortgage or loan. This is also higher than the Scottish average of 34%.

The Local Housing Strategy (LHS) details how the Council and its partners will tackle imbalances within the local housing system during its lifetime. A new five-year LHS is in preparation to commence in line with the timescales of this HSCP Strategic Plan and sets out a number of overall priorities that the Housing service will aim to address over the period 2022 to 2027.

The LHS priorities are delivered in a measurable way to evidence service performance and are enabled by long term planning to ensure actions are achievable, deliverable and sustainable in a culture of continuous improvement. A new Integrated Housing Management System (IHMS) is in development that will increase accessibility and introduce a more efficient service for tenants and other customers of the Council. This is due to be implemented during the summer of 2023 with other phases of IT investment targeted up until 2025. The LHS priorities are set out below, with particular reference given to how they will impact positively on health and wellbeing. Of the nine National Health and Wellbeing outcomes Housing has particular relevance to outcome 2:



### LHS Priority 1: Delivering more homes at the heart of great places and communities

The Strategic Housing Investment Plan (SHIP) is supplementary to the LHS and sets out the strategic investment priorities for affordable housing.

### <u>East Dunbartonshire Council Housing Supply Targets – Local Development Plan</u> (LDP)

	Private	Affordable	All-Tenure
Final Housing Supply Target	2,400	1,300	3,700
2012 to 2024			

The Council's Housing programme targets 10% of homes as being wheelchair and accessible housing with other forms of amenity housing in addition to this. The LDP2 contains an all tenure target to underpin and extend the requirements across the private and Registered Social Landlord (RSL) sectors.

### LHS Priority 2: Achieving housing quality, affordable warm and net zero homes

The Council must meet Scottish Housing Quality Standards (SHQS) and work to improve house conditions and energy efficiency in its properties. An extensive Capital Works Programme includes:

- Replacement windows
- Kitchens
- Bathrooms
- Roof replacement
- MR Rendering
- Cavity insulation
- Electrical rewire programme

Energy Efficient Scotland: Area based schemes (EES: ABS) previously known as HEEPS, is set to commence in February 2022. The Energy Efficiency Standard for Scotland (EESSH) was updated in July 2019 giving landlords a milestone of December 2032 to achieve EESSH2. In the context of climate change, these obligations on the Council sit within the broader vision of the Scottish Government to achieve net zero emission homes, set out in its Housing to 2040 Strategy.

#### LHS Priority 3: Supporting people to live independently and well

Provision of an aids and adaptations service assists older or disabled residents live independently in their own homes. The Council also operates a Care and Repair service providing free and practical advice and assistance to older residents. A Scheme of Assistance for owner occupiers provides financial assistance for disabled adaptions, mixed tenure roofing works for flatted properties, and dwellings that fall below the tolerable standard.

Telecare has an increasing role in promoting independence. The Council can provide equipment including: falls sensors, smoke sensors, and environmental monitoring and GPS devices that can accurately locate the whereabouts of the wearer. A community alarm system offers reassurance to a vulnerable person, and their family, to allow them to maintain independence in their own home.

#### LHS Priority 4: Improving housing options, choice and availability

As part of the national Ending Homelessness Together Action Plan (2018), all local authorities in Scotland were required to submit a Rapid Rehousing Transition Plan (RRTP) to the Scottish Government. In EDC the principal of RRTP is to be proactive, increase focus on prevention, minimise time in temporary accommodation and ensure homeless households access settled accommodation along with the right housing support.

The Housing options model tailors a range of elements to provide a person centred prevention approach. Detailed housing options data is provided to applicants on allocations, stock, turnover and alterative tenures. In addition, applicants are provided with access to a rent deposit scheme, welfare rights advice/income maximisation support; with the recent success rate of the housing options model in preventing homelessness exceeds 90% from an average 38% pre RRPT. During 2019/20, 91% of housing options enquiries were resolved without the need to make a homeless application, in 2020/21 this increased to 93%.

### Summary of Housing Service's contribution to delivering the HSCP Priorities

Empowering people	Empowering communities	Prevention and early intervention			
<ul> <li>Advice and assistance</li> <li>Housing options</li> <li>Housing support duty</li> <li>Project 101</li> <li>Care and Repair</li> <li>Aids and Adaptations</li> <li>Scheme of Assistance</li> <li>Sheltered Housing</li> <li>Tenant Participation</li> <li>Older People Research</li> </ul>	<ul> <li>Strategic Housing Investment Plan</li> <li>New Build Development programme</li> <li>Anti-social behaviour prevention</li> <li>Community safety</li> <li>Scottish Housing Quality Standard</li> <li>Energy Efficiency Standard for Scotland</li> <li>Energy Efficiency Scotland: Area Based Schemes</li> <li>Empty homes</li> <li>Below tolerable standard</li> </ul>	<ul> <li>Housing options</li> <li>Rapid Rehousing Transition Plan</li> <li>Housing support duty</li> <li>Telecare</li> <li>Community alarms</li> <li>Rent deposit scheme</li> <li>Temporary accommodation duty</li> <li>First stop</li> <li>The House project</li> <li>Action for children</li> <li>The Promise Scotland</li> </ul>			
Public protection	Supporting families and carers	Improving mental health and recovery			
<ul> <li>Women's aid</li> <li>Adult protection protocol</li> <li>Child protection protocol</li> <li>Prison protocol</li> <li>Landlord registration</li> </ul>	<ul> <li>Housing (Scotland) Act 2014 ("The 2014 Act")</li> <li>Housing support duty</li> <li>Joint working with third sector organisations</li> <li>Social work children and families</li> </ul>	<ul> <li>Key social work areas; learning and disability, alcohol and drugs, rehabilitation, mental health crisis team</li> <li>Provision of supported accommodation</li> <li>Joint working with third sector</li> </ul>			

### The Financial Plan

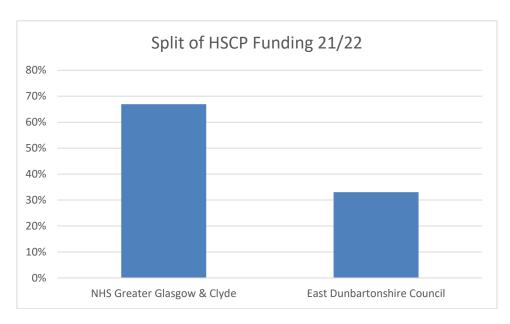
#### **Financial Context**

A Medium-Term Financial Strategy (MTFS) has been developed to pull together into one document all the known factors affecting the financial sustainability of the partnership over the medium term. This strategy establishes the estimated level of resources required by the partnership to operate its services over the next five financial years, given the demand pressures and funding constraints that we are likely to experience.

This Medium-Term Financial Strategy for East Dunbartonshire HSCP outlines the financial outlook over the next 5 years (2022 – 2027), which covers the period of the Strategic Plan, and provides a framework which will support the HSCP to remain financially sustainable. It forms an integral part of the HSCP's Strategic Plan, highlighting how the HSCP medium term financial planning principles will support the delivery of the HSCP's strategic priorities.

East Dunbartonshire HSCP has been delivering a range of health and care services to our service users, patients and carers since September 2015 and has a recurring budget of £176.8m within which to deliver these services. This includes an amount of £33.7m related to set aside for the delivery of prescribed acute functions.

The budget is funded through delegated budgets from both East Dunbartonshire Council and NHS Greater Glasgow and Clyde:-



There are a number of key opportunities and challenges for the HSCP at a national and local level. The most significant opportunity being the Review of Adult Social Care, elements of which have now been reflected in the new programme for government, and will see significant investment across a range of areas including the development of a

National Care Services on an equal footing to the National Health Service, expansion of support for lower-level needs and preventive community support, increasing support to unpaid carers and sums paid for free personal care.

The HSCP has particular demographic challenges related to a growing elderly population particularly in older old age. In the 10 years from 2016-2026, the East Dunbartonshire 85+ population is projected to continue to rise faster than any other HSCP area (by 52%). Looking ahead to 2041, the 85+ population will continue to rise faster than all HSCP areas (153%), with the exception of West Lothian.

The onset of a pandemic (Covid-19) and the impact of this on the delivery of health and social care services has had significant implications in the immediate / short term and this is expected to continue in the medium term as services recover and potential longer term impacts emerge which are yet to be fully assessed.

#### The Financial Challenge

The medium term financial outlook for the HSCP provides a number of cost pressures with levels of funding not matching the full extent of these pressures requiring a landscape of identifying cost savings through a programme of transformation and service redesign. The HSCP is planning for a range of scenarios ranging from best to poor outcomes in terms of assumptions around cost increases and future funding settlements. This will require the identification of £14.1m to £27.8m of savings with the most likely scenario being a financial gap of £18.6m over the next five years. This will extend to £44.6m over the next 10 years, however this becomes a more uncertain picture as the future environment within which HSCPs operate can vary greatly over a longer period of time.

The table below shows the level of budget pressure the Partnership will face after assumptions have been made about the level of income likely to be received from partners. The budget pressures include, provision for pay awards, Scottish Living Wage uplifts, demographic projections and prescribing inflation and represent an increase of just over 2% of the total budget (excl set aside).

IJB Scenario Financial Planning	2022/23	2023/24	2024/25	2025/26	2026/27	5 Yr Total
Cost Pressures						
Payroll	1.124	1.163	1.202	1.243	1.285	6.018
Contractual	1.773	1.852	1.936	2.024	2.118	9.703
Future Demand - demographics	1.270	1.367	1.471	1.583	1.704	7.396
Prescribing	0.504	0.525	0.546	0.567	0.590	2.732
Un achieved savings	1.075	0.000	0.000	0.000	0.000	1.075
Recurring Savings	(0.975)	0.000	0.000	0.000	0.000	(0.975)
Other Non Pay	0.894	0.906	0.920	0.933	0.947	4.599
Total Cost Pressures	5.665	5.813	6.075	6.352	6.645	30.549
Aniticipated Funding Settlement	(2.370)	(2.377)	(2.385)	(2.393)	(2.401)	(11.927)
Financial Challenge	3.296	3.435	3.689	3.958	4.243	18.622

Based on the projected income and expenditure figures the HSCP will require to achieve savings between £3.3m and £4.2m each year from 2022/23 onwards. The aim of the strategic financial plan is to set out how the HSCP would take action to address this financial challenge across the key areas detailed below:

#### Key areas identified to close the financial gap



Delivering Services Differently through Transformation and Service Redesign

 Development of a programme for Transformation and service redesign which focuses on identifying and implementing opportunities to redesign services using alternative models of care in line with the ambitions of the HSCP Strategic Plan.



#### Efficiency Savings

• Implementing a range of initiatives which will ensure services are delivered in the most efficient manner.



#### Strategic Commissioning

• Ensuring that the services purchased from the external market reflect the needs of the local population, deliver good quality support and align to the strategic priorities of the HSCP.



#### Shifting the Balance of Care

 Progressing work around the un-scheduled care commissioning plan to address a shift in the balance of care away from hospital based services to services delivered within the community.



#### Prevention and Early Intervention

 Through the promotion of good health and wellbeing, selfmanagement of long term conditions and intervening at an early stage to prevent escalation to more formal care settings.



#### **Demand Management**

 Implementing a programme focussed on managing demand and eligibility for services which enable demographic pressures to be delivered without increasing capacity. This is an area of focus through the Review of Adult Social Care.

#### **HSCP** Reserves

The partnership holds a general reserve of £1.9m which provides some resilience to manage in year demands and cost pressures. In line with the HSCP Reserves policy, a prudent level of reserves for a partnership with the scale and complexity attached to the budgets held by the HSCP would be 2% of net expenditure. This would equate to £3.2m (excluding Set Aside) which falls short of the actual reserves held by the HSCP. There is a reliance on a challenging programme of transformation across health and social care services which given the complexity and timescales to deliver service redesign experiences a level of slippage during each year.

The partnership also holds a level of earmarked reserves (£10.9m) which will facilitate elements of service redesign, tests of change and support transformational change to assist with the delivery of the strategic priorities set out in this Strategic Plan. In the main this relates to Scottish Government funding to deliver on the specific national priorities.

#### SUMMARY

While the Strategic Plan in not fully costed at this stage, any investment that is known to support the delivery of various aspects of the plan has been identified and included. For the period over which the Strategic Plan covers, detailed savings plans are not known at this stage as these will be dependent on the outcome of service reviews, efficiencies to be delivered within the financial envelope available (Scottish Government only issue annual financial settlements so extent of savings requirements not known until Dec / Jan of each financial year), opportunities to be scoped in respect of digital / community led options where the benefits will be into future years. However, the premise behind the delivery of the Strategic Plan will be that initiatives will progress where there is specific new funding identified, the absence of which will require the identification of areas of dis-investment and re-prioritisation prior to these initiatives progressing.

There may be some opportunity through the use of ear-marked / general reserves to support tests of change or initial set up costs, however recurring funding will have to be identified to support any initiatives going forward. This will be set out within the HSCP Annual Delivery Planning process which will be developed alongside the annual budget process each year.

We are committed to making the best use of our resources to deliver best value in improving outcomes for people. Careful consideration is given to the allocation of financial resources to our many partner agencies who deliver commissioned services.

We will always seek to invest in those functions and services which can demonstrate a positive impact on people's health and wellbeing, and are aligned with the aims, commitments and priorities of our Strategic Plan. There will be times, however, when disinvestment options will be considered, particularly when the impact, alignment or value for money delivered by a service is not as strong as it could be.

Our investment/disinvestment decisions will always be rooted in the sustainability of our local market and the delivery of our Strategic Plan. We hope that any changes can be as a result of planned service reviews or known commissioning cycles, but we accept that there will be times when circumstances arise that present us with an opportunity to reconsider the allocation of resources.

# Service Commissioning & Market Facilitation

This section builds on the HSCP's Commissioning Strategy and Market Facilitation Plan (2019 – 2022), and provides an update to the proposed approach to service commissioning and market facilitation over the next three years.

# **Commissioning Model**

The three year period covered by this Plan will see a transformation of traditional commissioning approaches to one that is based on collaboration, trust and partnership, rather than driven by competition. In support of this transition, it is our approach that commissioning:

- Adopts a whole systems approach
- Should be outcomes focused (and not resource led)
- Is sustainable and viable whilst delivering value for money
- Ensures decisions are based on a sound methodology and appraisal of options
- Actively promotes solutions that enable prevention and early intervention
- Includes solutions co-designed & produced with partners & communities
- Balances innovation and risk
- Brings return on investment

# **Ethical Commissioning**

Ethical commissioning goes beyond price and cost and provides the bedrock for a fairer, rights based, improved social care support system. It is underpinned by a relentless focus on quality, workforce and environment. This approach is intended to continuously improve standards and improve outcomes for people using services, as well as improving staff experience. Ethical commissioning and fair work practice will form the cornerstone of all future contractual relationships, with a view to ensuring the commissioned workforce is engaged, valued, rewarded and supported. In return we believe we will yield a more robust, sustainable, high quality and high performing market.

# **Collaborative Commissioning**

Over recent years, procurement methodology and practices, supported by legislative underpinning has increasingly driven commissioning decisions, where price and a competitive market environment (characterised by competitive tendering between providers) dominates. Moving forward, and building on current practice, the HSCP plans to maximise opportunities for collaborative commissioning with the aim of improving services, outcomes, processes and efficiency.

Collaborative commissioning essentially requires a paradigm shift from the traditional commissioner / provider role to one of a more joined up, integrated approach. The key aim of collaborative commissioning is to achieve better outcomes for people using services

and improve, the experience of staff delivering them. Although local current commissioning practice actively involves people with lived experience, collaborative commissioning requires this level of engagement and participation at all levels of commissioning from the strategic planning end of the spectrum through to procurement of individual services and supports. This approach will in turn require providers to be more open and transparent around areas such as standards, quality, staff well-being and costs.

The HSCP is keen to learn and better understand the benefits of emerging commissioning models such as Public Social Partnerships (PSP's) and Alliancing. It is proposing, as part of its transformation of Mental Health and Alcohol & Drugs services, to explore these models further, with the dual aim of developing new sustainable models of support, whilst strengthening the collaborative approach.

# **Commissioning Delivery Plan**

The Strategic Priorities and Enablers detailed within this Plan will be incorporated into a Commissioning Delivery Plan along with the financial resources that are to be aligned to each priority (as detailed within the Finance Section). In order to support innovation, growth and transformation, exit strategies and disinvestment across particular models of support will be necessary. However, any proposed changes will be consulted on and ratified by the HSCP Board, as appropriate, prior to implementation.

#### **Market Facilitation**

The HSCP takes the view that a well-informed, resourced and supported market is better placed to make a significant contribution towards the development of enhanced models of care and provide a more stable health and care environment.

Our approach to Market Facilitation remains aligned to three commonly understood elements:

- Market Intelligence: the development of a common & shared perspective of supply & demand
- Market Structuring: strategic activity designed to give the market shape and structure
- Market Intervention: intervening across & within markets to meet needs & outcomes

The recently updated Joint Strategic Needs Assessment along with other key data sources, will influence our approach to market facilitation and provide the baseline from which strategic planning, decision making and policy development will evolve.

# **Market Position**

The commissioned market reflects a diverse range of providers including: third / voluntary, independent and private sectors, augmented by the HSCP's in-house provision. This is collectively known as a "mixed economy" market. Many providers particularly across the

third and voluntary sector typically fall into the Small to Medium Enterprise (SME's) category, whilst those across other sectors (including Care at Home and Care Homes), often due to their sheer size, volume of business and national status, are typically categorised as Large Enterprises (LE's).

The market currently comprises of over 400 services inclusive of Self Directed Support (SDS). Current contracts include a mixture of block, spot, and frameworks, some of which are commissioned locally whilst others (including the National Care Home Contract, Care and Support Flexible Framework, Fostering and Continuing Care National Residential Framework and Secure Care) are commissioned nationally via Scotland Excel. Although it is widely accepted that the National Care Home Contract is in need of urgent reform, the HSCP anticipates that this and some other core contracts will continue to be operated nationally, more bespoke contracts will be developed locally.

# **Commissioned Spend**

In 2020-21, spend across the social care commissioned market in East Dunbartonshire totalled £56 million. As illustrated below, spend has risen exponentially (by over 60%) since 2013-14 with increasing demand & service costs, the introduction of the Scottish Living Wage, and more recently, the impact of Covid-19 being key factors in this cost growth:

2013-14: £35 million 2017-18: £46 million 2020-21: £56 million

In 2020/21 – the main areas of spend were:

Day Services	£3.7m
Residential / Nursing Care	£21m
Care at Home (Homecare)	£10.2m
Supported Accommodation	£8m
Supported Living	£7m
Voluntary Organisations	£2.1m
Fostering	£1.3m

Based on previous trends, the projected commissioned spend in the final year of this Plan (2024-25) is anticipated to be in excess of £65 million. It is therefore essential, that providers prepare and are willing and able to:

- Embrace collaborative commissioning approaches
- Flex business / service delivery models to meet current and future needs
- Adopt as a minimum ethical / fair work practice requirements

- Actively engage and participate in "Test of Changes" to support service transformation
- Innovate service delivery models using digital solution/ platforms
- Identify alternative funding streams to support long term growth and sustainability

#### **Market Forces**

Despite the substantial growth in the market over recent years, fragility across Care at Home and Care Home sectors remains an on-going concern. A combination of factors including on-going workforce and low pay issues and increasing service / carer demands. Uncertainty has been exacerbated by COVID-19 which continues to de-stabilise the market, at the time of writing this Plan. Market fragility however, is not just a local issue, it extends beyond East Dunbartonshire and West Central Scotland. We remain committed to supporting providers on an individual basis and will continue to support and lead the market as a whole, as we navigate our way through this difficult and challenging period.

# **Provider Engagement Framework**

The HSCP is committed to engaging regularly with providers via various forums including one to one meetings and on a more generic / sector basis. To help strengthen and support market engagement and representation, leads for Care at Home and Care Home Sectors are now established. These arrangements will help to build mutually supportive networks and to collaborate in support of the overall aims set out above.

# **Performance Management Framework**

During the term of this Plan, the Contract Management Framework will, be replaced by a Performance Management Framework, which will incorporate:

- National Health & Well-Being Outcomes, as a minimum standard
- Systematic risk-based approach to monitoring / audits
- Standardised KPI's across service delivery models
- Robust financial framework which supports financial transparency & best value
- More people with lived experience involved in monitoring & evaluation of services

# **Commissioning Support**

East Dunbartonshire Council will continue to support the HSCP on matters relating to service commissioning, procurement, contracting and market facilitation in support of the objectives set out above.

# Measuring Success: Performance, Standards and Quality

All organisations with a commitment to delivering a strategic vision, high quality services and meeting personal outcomes for service users must set in place a framework to measure, monitor and continuously seek to improve what it does. There should be confidence at all levels that it knows how well it is performing, that it knows what should improve and how, and that it knows the impact of any such improvements.

Measuring success in delivering positive change is a complex task, but should start and end with the desired outcomes. Improving outcomes usually requires changing the processes and systems that are in place, whether that be the way that we identify risk, or how we work better together to remove gaps or obstacles, or how we communicate and involve the people we are supporting, or how well we provide the treatment and support services themselves. Improvement may in some circumstances involve maintaining positive outcomes with improved levels of efficiency. The ultimate success of this Strategic Plan will be measured in how well it provides a framework for delivering the best possible outcomes for people, within the resources available.

Measuring the success of this Strategic Plan will involve a number of different but associated and interconnected elements. It is sometimes helpful to see this process in terms of the commissioning cycle:



The process of "analyse, plan, do and review" suggests that we may only need to measure success at the "review" stage. But in reality, as we move through these stages, we need to have confidence that each is being carried out properly.

We need to ensure that our analysis is good, that our planning is collaborative and properly targeted and that our action plans are specific, measurable achievable, realistic and deliverable in timescale (SMART). Only then can we realistically measure change to the experiences and outcomes for service users, patients and carers.

So, the HSCP will measure success in a number of ways. This is already the case, with quarterly performance reports to the HSCP Board and fuller Annual Performance Reviews, with financial planning updates and regular progress reports on delivery of each Annual

Delivery Plan. We will continue to develop more refined ways of measuring success, based on the following key areas, supported by the East Dunbartonshire HSCP Quality Management Framework and in pursuit of the National Health and Social Care Standards:

- 1. How well action plans are being progressed in support of the Strategic Priorities and Enablers:
- 2. How well the HSCP is operating financially.
- 3. How well local, regional and national quality and performance standards and targets are being met, including the national Health and Social Care Standards. These are usually a measure of how well operational systems and processes are working.
- 4. How good the experiences and outcomes are for service users, patients and carers;

The schedule below sets out an initial framework for measuring success. This may well change over time, in response to new local or national approaches:

# **Annual Delivery Plan Reporting**

Agreement of an Annual Delivery Plan for each year of the Strategic Plan that will draw down specific actions and deliverables for the year, in support of the Strategic Priorities and Enablers.

Preparation of subordinate, more detailed action plans where necessary, to ensure that a SMART-based approach to project management is undertaken.

Quarterly reporting to the HSCP Board on the progress of the Annual Delivery Plan.

Yearly reporting of progress in the Annual Performance Review

# **Financial and Budget Reporting**

Agreement of an annual budget, based on the cost of continuation of current services adjusted for changed costs and obligations, plus development and redesign distributions in support of each Annual Delivery Plan

Quarterly reporting to the HSCP Board on the progress of the annual budget

# **Performance Reporting**

Quarterly and annual performance reporting across a wide range of measures, indicators and targets that measure performance of services and impact of changes consequent to improvement and redesign undertaken through Annual Delivery Plans. These include:

## **Integration Core Indicators**

Percentage of adults able to look after their health very well or quite well (National Outcome 1)

Percentage of adults supported at home who agree that they are supported to live as independently as possible (National Outcome 2)

Percentage of adults supported at home who agree that they had a say in how their help, care or support was provided (National Outcome 2, 3)

Percentage of adults supported at home who agree that their health and social care services seemed to be well co-ordinated (National Outcome 3, 9)

Total percentage of adults receiving any care or support who rated it as excellent or good (National Outcome 3)

Percentage of people with positive experience of the care provided by their GP Practice (National Outcome 3)

Percentage of adults supported at home who agree that their services and support had an impact on improving or maintaining their quality of life (National Outcome 4)

Total combined percentage of carers who feel supported to continue in their caring role (National Outcome 6)

Percentage of adults supported at home who agreed they felt safe (National Outcome 7)

Premature mortality rate for people aged under 75yrs per 100,000 persons (National Outcome 1,5)

Emergency admission rate (per 100,000 population) (National Outcome 1,2,4,5)

Emergency bed day rate (per 100,000 population) (National Outcome 2,4,7)

Readmission to hospital within 28 days (per 1,000 population) (National Outcome 2,4,7,9)

Proportion of last 6 months of life spent at home or in a community setting (National Outcome 2,3,9)

Falls rate per 1,000 population aged 65+ (National Outcome 2,4,7,9)

Proportion of care services graded 'good' (4) or better in Care Inspectorate inspections (National Outcome 3,4,7)

Percentage of adults with intensive care needs receiving care at home (National Outcome 2)

Number of days people aged 75+ spend in hospital when they are ready to be discharged (per 1,000 population) (National Outcome 2,3,4,9)

Percentage of health and care resource spent on hospital stays where the patient was admitted in an emergency (National Outcome 2,4,7,9)

# **Ministerial Strategic Group – Performance Measures**

Unplanned admissions – rate per 1000 population (National Outcomes 1,2,3,4)

Unplanned bed days - rate per 1000 population (National Outcomes 2,4,7)

A&E attendances - rate per 1000 population (National Outcomes 1,2,9)

Admissions from A&E – rate per 1000 population (National Outcomes 1,2,3,4)

Delayed discharge bed days - rate per 1000 population (National Outcomes 2,3,4,9)

Last 6 months of life spent at home or in a community setting - rate per 1000 population (National Outcomes 2,3,9)

Balance of Care (% of population in community or institutional settings) - rate per 1000 population (National Outcomes 2,4,9)

# **Local Social Work and Social Care Standards**

Percentage of child care Integrated Comprehensive Assessments (ICA) for Scottish Children's Reporter Administration (SCRA) completed within target timescales (20 days), as per national target

Percentage of Initial Child Protection Case Conferences taking place within 21 days from receipt of referral

Percentage of first Child Protection review case conferences taking place within 3 months of registration

Balance of Care for looked after children: % of children being looked after in the Community

Percentage of first Looked After & Accommodated reviews taking place within 4 weeks of the child being accommodated

No. of Homecare Hours per 1,000 population 65+

Number of people taking up Self Directed Support options

People Aged 75+yrs with a Telecare Package

Number of People Aged 65+yrs in Permanent Care Home Placements

Number of Care Home Admissions and Discharges (including deaths)

Percentage of Adult Protection cases where the required timescales have been met

Percentage of customers (65+) meeting the target of 6 weeks from completion of community care assessment to service delivery

Percentage of people 65+ indicating satisfaction with their social interaction opportunities

Percentage of service users satisfied with their involvement in the design of their care packages

Percentage of adults receiving social care support whose personal outcomes have been partially or fully met

Percentage of Criminal justice Social Work Reports submitted to court by due date

Percentage of individuals beginning a work placement within 7 working days of receiving a Community Payback Order

Percentage of Court Report Requests Allocated to a Social Worker within 2 Working Days of Receipt

# **Local Health Care Standards**

Percentage of People Waiting <3wks for Drug & Alcohol Treatment

Percentage of People Starting Treatment <18wks for Psychological Therapies

Percentage of People Newly Diagnosed with Dementia Accessing Post Diagnostic Support within 12 weeks of new diagnosis

Number of Alcohol Brief Interventions delivered against target

Smoking quits at 12 weeks post quit in the 40% most deprived areas against target

Percentage of People Waiting <18wks for Children and Adolescent Mental Health Services (CAMHS)

Percentage of Children receiving 27-30 month health assessment

# **Quality Management and Self Evaluation**

Monitoring and evaluation of service quality and improvement, in support of continuous improvement and to measure impact of service redesign associated with the Strategic Plan.

Organisational development in support of the aims and values of the organisation and in pursuit of its objectives, as set out in the Strategic Plan.

Workforce development and wellbeing support to ensure staff are equipped to contribute their part to the delivery of the Strategic Plan.

# **Performance Target Setting**

The Strategic Plan sets the direction of travel with clear commitments on action in pursuit of our strategic priorities and enablers. Performance targets are generally set on an annual basis, so these will be aligned to Annual Delivery and Financial Plans and reported on a quarterly basis to the HSCP Board.

# Annex 1: HSCP Governance Arrangements

# HSCP GOVERNANCE ARRANGEMENTS HSCP Board • Integration Scheme • Issuing of Directions

Performance, Audit &

Risk Committee

Community Planning Partnership

HSCP partnership and

stakeholder representation

Chief Officer and Senior Management Team

### Clinical & Care Governance

#### Purpose

To ensure that HSCP Board accountability for the quality of health and social care is monitored and assured.

#### Mechanisms

- Clinical & Care
   Governance Group
- · Risk
- Complaints
- · Inspections
- Audits
- · Self-evaluation
- · Quality management
- Health & Safety
- Whistleblowing
- Annual Report and updates to HSCP Board

#### Workforce & OD

#### Purpose

To ensure structural, cultural and workforce performance levels and competency to deliver the Strategic Plan.

#### Mechanisms

- . HSCP Joint Staff Forum;
- . OD and Workforce Plan
- Council and NHGGC workforce and OD planning arrangements, as employers
- Engagement
- HSCP Social Work Training Group
- Annual Report and updates to HSCP Board

# Financial Governance

#### Purpose

To ensure the HSCP Board can plan and set balanced budgets to deliver the Strategic Plan, and to monitor and challenge financial performance.

#### Mechanisms

- Financial Plan and Monitoring Reports to HSCP Board
- Medium term financial plan 2021-26
- Additional scrutiny by the Performance, Audit and Risk Committee
- Finance & Planning Group
- Service budget meetings
- Information governance

#### Strategic Planning & Improvement

· Corporate Risk

Public Protection

#### Purpose

To ensure the HSCP Board prepares a Strategic Plan for the delivery of integrated functions and outcomes and ensures its effective implementation

#### Mechanisms

- Strategic Plan
- HSCP Annual Delivery Plan
- . Strategic Planning Group
- Locality Planning Groups (& Locality Plans)
- Public Service User and Carer Group and involvement arrangements
- Service Planning Groups (& Service Improvement Plans);
- Annual and quarterly performance reports to HSCP Board

### Operational Performance Management

East Dunbartonshire Council

· NHS GG&C

#### Purpose

To ensure the HSCP Board and constituent bodies have oversight of operational performance in line with Directions and national and local targets

#### Mechanisms

- SMT is main forum for operational performance management
- Service and Team level monitoring and escalation
- · Individual staff appraisal
- Annual and quarterly performance reports to HSCP Board
- Annual and quarterly performance reports to Council
- Monthly performance reports to NHSGGC
- Annual performance reports to Scottish Govt
- · Business continuity
- Emergency planning

#### Notes:

This framework includes all delegated hosted services Some governance arrangements have been amended during Covid-19 civil contingency arrangements

# Annex 2: Participation and Engagement

Engaging and listening to communities, staff and partners has been central to determining the HSCP's key priorities. Patient, service user and carer engagement and involvement will be a continuous process to ensure views from all sectors of the community are captured and shared to influence decisions made. Mechanisms for capturing this include:

- Proactive feedback from patients, service users and carers via face to face contact with practitioners; real-time independent surveys; and national experience surveys;
- Responsive feedback in the form of complaints, comments and reported safety incidents;
- The contributions of the Service User & Carer Representative Group to ensure that service user experience is at the centre of the HSCP's work; and
- Regular stakeholder and community engagement events and exercises.



The process of consultation supporting the preparation of the East Dunbartonshire HSCP Strategic Plan 2022-25 has been in three main parts. The approach we have taken was in part influenced by the public health constraints of the pandemic:

- Obtaining views on the effectiveness of the previous Strategic Plan 2018-21 (November – December 2020);
- Obtaining views on what the main challenges are for health and social care over the next three years, that should inform our themes for development and improvement (July – August 2021);
- Obtaining views on a draft HSCP Strategic Plan 2022-25 (January to March 2022)

# **Review of Strategic Plan 2018-21**

Before beginning the preparation of a new Strategic Plan, it was important to consider how effectively our previous plan performed. To do this we asked three questions:

How well does our current strategic plan meet guidance standards?

How well have our Strategic Priorities driven improvement and development in services and integrated processes, and have they stood the test of time?

How well has the HSCP met its Strategic Priorities and associated measures of success? We engaged with the HSCP's partners and stakeholders and with their support were able to reach the following conclusions:

How well does our current strategic plan meet guidance standards?							
Strengths	Areas for Development						
The Strategic Plan is based upon comprehensive Strategic Needs Assessments; Strategic Priorities were based upon sound evaluation and extensive consultation and engagement; Good financial information is included at a care group and service level; The Plan includes a clear financial strategy; The Strategic Priorities are aligned well to national and local plans and outcomes; The Strategic Priorities indicate clear areas for investment; Locality profiles provide detailed analysis of population needs and demand.	The Plan doesn't fully relate the current expenditure profiles to the needs of local populations; The Plan does not explicitly allocate or redirect resources to proposed investments; The actions tended not to be fully costed and delivery timescales were not always clearly identified; The Plan does not specify in detail how and where investment will be offset by areas of disinvestment and transformational change; Locality planning intentions are limited, reflecting the early stage of locality development in the HSCP.						

How well have our Strategic Priorities driven improvement and development in services and integrated processes, and have they stood the test of time?						
Strengths Areas for Development						
The Strategic Priorities were developed through extensive community consultation, based upon comprehensive needs assessment and are aligned to national and local outcomes frameworks. The Strategic Priorities have given orientation for areas of investment over the period.	The Strategic Priorities were not fully reflective of the transformational change agenda that has brought significant challenge through financial pressure. Future Strategic Priorities should be more transformational, reflecting the realities of disinvestment as well as investment and system change.  The opportunity for strengthened linkage to Moving Forward Together and the Local Outcome Improvement Plan; Embedding assurance on preparedness for public health emergencies.					

How well has the HSCP met its Strategic Priorities and associated measures of success.						
Strengths	Areas for Development					
The HSCP has improved in just over half of its measures of success in support of its Strategic Priorities, after two years of the three year Strategic Plan; Performance has improved or remained stable in 80% of its measures over this period.	Further work is needed to ensure that measures of success fully reflect the areas for development, are SMART and are reportable; Further work may be necessary to ensure that improvement targets are achievable and are consistent with areas for investment.					

# Consultation on the Challenges and Priorities for the New Strategic Plan

There was broad support for the areas of challenge that had been identified and for the proposed priority areas. 36 people used the online survey, 92% of whom fully or partly agreed with the areas of challenge and the development themes that were identified, with 94% fully or partly agreeing with the enablers that were proposed. Comments tended to focus on the detail and the actions that would sit beneath these priority headlines and also on the rigour with which the Plan would operate, to deliver on its objectives. 2 respondents did not agree with the priorities that were proposed.



These was substantial discussion across the range of HSCP governance and representative groups, including:

- The HSCP Board
- The Strategic Planning Group (including Locality Planning Group members)
- The Joint Staff Partnership Forum
- The Public Service User and Carer Forum
- The HSCP Leadership Forum
- The local third sector network, organised through EDVA.
- The Carers Partnership Group

Across these groups, there was broad consensus that the challenges, improvement themes and enablers identified in the consultation report provided a positive framework for the new Strategic Plan.

The consultative exercise generated a great deal of comment and feedback that will contribute to the detail that will now be developed to sit beneath these improvement priorities.

# Feedback relating to service matters included:

Empowering Communities requires resourcing and building of confidence in communities;

The significance of third sector financial pressures and importance of collaborative commissioning;

Appropriate, modern facilities are necessary that offer viable alternatives to traditional hospital care and enable co-location of team members, as well as alignment with GP Practices.

Implementing the Promise for Children and Families Service will be a significant area of development work;

Staff wellbeing support should feature as part of the Workforce and Organisational Development enabler;

Reflecting the pressure that all HSCP staff, independent contractors and other partners face and action required to manage this;

Importance of referencing the GP Memorandum of Understanding more explicitly and its contribution to multi-disciplinary working and health and social care integration;

Importance of maintaining a focus on reducing avoidable hospital stays;

A focus on maximising digital and technological may risk excluding some people, particularly older, vulnerable people and people with cognitive issues;

Rising GP caseloads and access challenges may undermine improvement activity elsewhere;

The HSCP should develop trauma informed practice, which is a strengths-based approach that seeks to understand and respond to the impact of trauma on people's lives;

The importance of re-engaging locality planning post-Covid and linking this to place planning;

The need to improve access to services for people with Autism;

The importance of addressing environmental and climate change issues;

Links between health and social care and education services should be improved, particularly in support of young carers;

There is a need for greater investment in child and teenage health and wellbeing services;

We need to develop home care so that it is more robust and people are not lonely and isolated:

There should be an opportunity for certain out-patient hospital appointments to be held in the community;

There should be a communication strategy for improving access to patient, service user and carer information;

Solutions should be co-designed and co-produced with partners and communities;

Improving transport to and from hospital is essential;

There needs to be further investment in independent advocacy;

Health and social care services are often difficult to access when in crisis.

# Points raised about the planning process included comments that the plan:

Should take on board the conclusions of the review of the current Strategic Plan;

Should be clear about its desired outcomes;

Is SMART (Specific, Measurable, Achievable, Realistic and Time-bound);

Should be clear about objectives that have a lifespan longer than the plan itself;

Distinguishes between priorities that are about "redesign" and those that are more involved with ongoing development and improvement;

Is appropriately aligned with Health Board and Council priorities and commitments;

Recognises and addresses potential constraints on delivery;

Does not over-reach, become too wide-ranging and risk not delivering, particularly in critical delivery areas that should be clearly indicated.

# Consultation on the draft Strategic Plan 2022-25

(Underway: January to March 2022)



# Annex 3: National Outcomes, Local Priorities & Enablers

The relationship between the National Health and Wellbeing Outcomes and the East Dunbartonshire HSCP Strategic Priorities and Enablers are set out in the chart below. This linkages shown are the ones that are most direct, but there may be other less direct associations:

		East Dunbartonshire HSCP Strategic Priorities							
	National Outcome	Empowering People	Empowering Communities	Prevention and Early Intervention	Public Protection	Supporting Families and Carers	Improving Mental Health and Recovery	Post Pandemic Renewal	Maximising Operational Integration
1	People are able to look after and improve their own health and wellbeing and live in good health for longer.	Х	X	X		Х	Х	X	
2	People, including those with disabilities or long term conditions, or who are frail, are able to live, as far as reasonably practicable, independently and at home or in a homely setting in their community.	X	X	X		X	X		
3	People who use health and social care services have positive experiences of those services, and have their dignity respected.	Х	Х			х	х		Х
4	Health and social care services are centred on helping to maintain or improve the quality of life of people who use those services.	Х	X	Х	Х	Х	Х	X	Х

		East Dunbartonshire HSCP Strategic Priorities							
	National Outcome	Empowering People	Empowering Communities	Prevention and Early Intervention	Public Protection	Supporting Families and Carers	Improving Mental Health and Recovery	Post Pandemic Renewal	Maximising Operational Integration
5	Health and social care services contribute to reducing health inequalities.	Х	Х	Х	Х	х	х	Х	
6	People who provide unpaid care are supported to look after their own health and wellbeing, including to reduce any negative impact of their own health and well-being.	X	X	×		X	X		
7	People who use health and social care services are safe from harm.	Х			х	Х	х		Х
8	People who work in health and social care services feel engaged with the work they do and are supported to continuously improve the information, support, care and treatment they provide.							Х	Х
9	Resources are used effectively and efficiently in the provision of health and social care services.	Х	Х	х				Х	Х

		East Dunbartonshire HSCP Strategic Enablers						
	National Outcome	Workforce & Organisational Development	Medium Term Financial & Strategic Planning	Collaborative Commissioning	Infrastructure & Technology			
1	People are able to look after and improve their own health and wellbeing and live in good health for longer.	X	X	X				
2	People, including those with disabilities or long term conditions, or who are frail, are able to live, as far as reasonably practicable, independently and at home or in a homely setting in their community.	Х	Х	Х	Х			
3	People who use health and social care services have positive experiences of those services, and have their dignity respected.	Х	х	Х				
4	Health and social care services are centred on helping to maintain or improve the quality of life of people who use those services.	Х	x	Х				
5	Health and social care services contribute to reducing health inequalities.	Х	х	Х	Х			
6	People who provide unpaid care are supported to look after their own health and wellbeing, including to reduce any negative impact of their caring role on their own health and well-being.	Х	х	Х				
7	People who use health and social care services are safe from harm.	Х	Х	Х	Х			
8	People who work in health and social care services feel engaged with the work they do and are supported to continuously improve the information, support, care and treatment they provide.	Х	x	Х				
9	Resources are used effectively and efficiently in the provision of health and social care services.	Х	х	Х	Х			