

# CORONAVIRUS (COVID-19) UPDATE

Information sheet, brought to you by the East Dunbartonshire Public, Service User and Carer (PSUC) representatives group



## EAST DUNBARTONSHIRE UPDATE

The latest statistics from Scottish Government, dated up to 3 May 2020 (week 1 - week 18 of the pandemic), show that 319 East Dunbartonshire residents tested positive for Covid-19 infection and that sadly 66 of those have died as a consequence of the virus.

Whilst each death is tragic, a comparison to the total number of deaths recorded for the last few years indicates that the overall death rate of our population is presently only slightly higher than average. As a whole, East Dunbartonshire residents are living longer and healthier compared to local authority areas across Scotland.

The East Dunbartonshire Public, Service User and Carer (PSUC) group thank the local residents, Patients, Service Users and Carers, who, for the most, have responded quickly and positively to the Scottish Governments lockdown requests and observed socially distancing. These individual and collective efforts have helped to keep the spread of this virus to a relatively low rate and we ask that you continue to follow the advice and guidance issued by the Scottish Government.

Do you remember the Scottish Government asked for volunteers, to support those most in need and those who have been asked to 'shield'. These are individuals who have an underlying health condition and are at increased risk to the impact to the Covid 19 virus. Over 700 East Dunbartonshire residents responded and applied to be volunteers, which was one of the highest responses across Scotland.

East Dunbartonshire Health and Social Care Partnership (HSCP) has established both a Community Assessment Centre, where members of the public who are concerned that they may have the symptoms of Covid-19 can be referred to by their GP or by NHS 24. The HSCP has also established a Personal Protection Equipment (PPE) distribution hub and further information on this centre is featured in this information sheet.

## OTHER NEWS AND DEVELOPMENTS:

Carers PPE Update  
Bereavement Information  
OPAL Service Update  
Things to occupy you

**You must call  
before attending  
your GP OOH  
service**

Due to risks posed by COVID-19, your GP Out of Hours service **WON'T see you** if you turn up **unexpectedly**.

If you feel unwell out with normal hours, call **NHS 24** on **111**.

NHS Greater Glasgow and Clyde, getting you to the  
**Right care Right place Right time**

## How to contact us.

Please email:  
[PSUC@ggc.scot.nhs.uk](mailto:PSUC@ggc.scot.nhs.uk)  
if you would like further information.

# CARERS INFORMATION

## PERSONAL PROTECTION EQUIPMENT (PPE)

### Are you an unpaid/informal carer?

Any unpaid or informal carer requiring to access an emergency supply of Personal Protection Equipment (PPE) to support them to carry out personal care activities with the person they care for should contact Carers Link on **0800 975 2131**.

A referral from Carer's Link to the PPE Hub can provide an unpaid carer with one week's emergency supply until they are able to source the PPE from their usual local or online stockists.

Carers Link is open Monday to Friday from **8.30am** to **5.00pm**. They also have an email address that is monitored seven days per week: [enquiry@carerslink.org.uk](mailto:enquiry@carerslink.org.uk)

### Are you a Personal Assistant (PA) Employer?

Any Personal Assistant (PA) employer requiring to access an emergency supply of Personal Protection Equipment (PPE) for their PA's to carry out personal care activities should contact Take Control East Dunbartonshire on **0141 776 2219** or email [infoed@takectrl.org.uk](mailto:infoed@takectrl.org.uk)

A referral from Take Control to the PPE Hub can provide a Personal Assistant Employer with one week's emergency supply until they are able to source the PPE from their usual local or online stockists. Take Control is open Monday to Friday from 9.30am to 4.30pm.

## A FEW IDEAS FOR THINGS TO DO:

La Traviata from the Royal Opera House-[royaloperahouse](http://royaloperahouse))

Watch Sea Otters and Sealife-[Monterey Bay Aquarium](http://Monterey Bay Aquarium))

National Women's History Museum-[WomensHistory](http://WomensHistory))

The **OPAL Advice Helpline** has now been extended so referrals can be made to a new shopping and prescription service which is coordinated in partnership with OPAL and EDVA. This voluntary shopping scheme will help those most vulnerable in the community, particularly those self-isolating to get vital deliveries of food and prescribed medication.

The enhanced line has been in operation for several weeks now and is receiving between 30-35 calls per day on weekdays. Core staff are continuing to work on a rota system across the 7 days to route OPAL caller referrals to a local East Dunbartonshire volunteer group.

The OPAL Information Line number is **0141 438 2347**. The extended opening hours is now 9.00am to 5.00pm - seven days per week.

# BEREAVEMENT INFORMATION

NHS Greater Glasgow and Clyde (GGC) now have new [bereavement resources on their website](#) for anyone who has lost a loved one due to COVID-19. It also includes information for any death at this time.

Please pass this onto any relatives or loved ones who may need this support.

The pages include practical advice on steps after a death, registering a death and funeral arrangements. It also contains NHS GGC bereavement support services available to patients and their families, as well as links to external support.

This is an incredibly difficult time to support a loved one who is dying or to deal with a loved one's death.

While many of the usual arrangements have been changed because of the pandemic, support is still available to you.

The information provided here is intended to help you find out what to expect during this difficult time, as well as providing information about some of the practical arrangements you will need to consider.

