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You and Your Community Newsletter

August 2022

Welcome

Welcome to the first issue of the *You and Your Community* newsletter in 2022. This newsletter is published two to times per year – providing updates from the East Dunbartonshire Community Grant Advisory Committee (GAC).

The GAC consists of (up to) 25 skilled leaders of local community groups who advise the Council on disbursement of the annual community grants budget. We are looking for new members of the GAC if you are interested in taking part?

In this bulletin, you will find details of all recent Community grant awards made in round one and round two of 2021-2022. To showcase the impact the Community Grant Scheme has in the community, New Roots Gardening Project has kindly provided a case study on how they used their grant in 2021-2022 toward the start-up of their group.

You can download an application form and guidance to apply for a community grant on the Council's website: www.eastdunbarton.gov.uk/community-grants-scheme-grants-advisory-scheme or you can phone or e-mail – our contact details are on the last page.

If you would like to submit a case study on a grant you received, publicise an event, or have an item for the newsletter in general, please get in touch.

Deadline for applications in 2022

The deadline for applications to round two of the community grant scheme is Friday 2 September 2022.

Important: To ensure fairness and transparency for all groups, the team is unable to accept late applications. To avoid disappointment, please ensure you take a note of all deadline dates and adhere to them. Support in completing applications is available from the Community Planning and Partnerships Team.

Case study

New Roots Gardening Group

In 2015, East Dunbartonshire's Local Area Coordinators (LACs) successfully applied for Scottish Government Funding under the Keys to Life Development Fund. The original Funding was to look at developing a suite of complimentary activities to support the improvement of physical health outcomes for those with a learning disability. This included; A simple, healthy eating on a budget course, a supper club so that those who had completed the initial courses could continue with their learning in a regular meet-up, and finally to develop a gardening group in which members could learn basic gardening skills and learn where some of their food came from.

These groups were successfully developed from 2016-2020 and expanded with additional funding from a variety of sources so that our autistic community could also be included in these activities. During this time 24 adults successfully completed the Good Food, Good Health Cooking courses, 10 individuals successfully moved on the Supper Club and 5 individuals regularly took part in the small gardening group.



Sadly, like most face-to-face groups, the pandemic brought a halt to these projects, leaving some of our most vulnerable community members without their regular routines and support networks. The Local Area Coordinators were able to move many of the groups online to maintain vital social connectedness, but it has led to fatigue amongst some group members. Towards the end of 2020 the groups decided that they wanted to try and become constituted to help fund further activity once restrictions allowed. The Local Area Coordinators supported the members of the gardening group to become The New Roots Gardening group and it was agreed the remit of this group should include any cooking initiatives as all of the group's members had taken part in the good food, good health courses.



The Pilot

In early 2020 it became clear that groups would not be able to meet in their usual capacity due to pandemic restrictions. With feedback from group members, The LACs supported the group to successfully apply for a pot of funding from the EDC Community Grants Scheme. This allowed the LACs to work with the gardening tutors to develop a small seed-planting project which could be completed at home, and which would also tie into a cooking project. In consultation with the group members, it was decided that basil and coriander could be grown at home and then used to cook a carrot and coriander soup as well as a tomato and basil pasta (two recipes that are used in the good food good healthy cooking project too and were familiar to group members).

Recipe cards, ingredients lists and equipment cards were created and sent out as well as step by step instructions in how to plant and care for the basil and coriander plants. In addition, a needs assessment was completed with each participant (which sought to assess level of support required to cook at home, whether or not the individual had support and what resources, if any, they required). Hygiene prompt cards were also included with the packs to remind individuals about the importance of cleaning surfaces.

The pilot allowed all the group members and the LACs identify what had worked well, and what could be improved. Group members were also able to feedback what they wanted to cook in future weeks. This led to improved recipe cards, ideas for alternatives to replace certain foods and storage instructions.



The Main Project

Thanks to funding from the EDC Community Grants Scheme, the group were able to film, print and laminate the resources and purchase all ingredients required for the following recipes:

- Banana Bread
- Fruit Scones
- Leek and Potato Soup
- Macaroni Cheese
- Oat and Raisin Cookies
- Omelette
- Potato and Lentil Curry
- Stirfry

Two sets of ingredients and resources were sent out every two weeks and there was enough funding to purchase any kitchen resources that individuals might require (A few individuals required loaf tins for the banana bread). 22 participants actively took part in the main project, including 13 that actively took part in the pilot. The resources and videos were also available on google drives, the link to which was sent out along with the cooking packs. A WhatsApp group was also set up for those who wanted to be included (15 members) so that they could share their pictures and their ideas.

Projects Funded by Community Grants in Round 1, 2021-22

Name of group	Purpose grant	Final award	Target group
1 st Lenzie Boys Brigade	Equipment for outdoor group activities	£2,002	Young People
Auchinairn Parent and Toddler Group	Storage Shed for equipment	£1,400	Pre-Fives
Babes in the Wood Bishopbriggs CIC	Running costs (rent and staff costs)	£3,000	Pre-Fives
Baldernock Community Development Trust	Leaflet for Baldernock Community	£400	Other
Bearsden in Bloom	Benches	£2,000	Volunteers
Bishopbriggs Community Council	Christmas Lights for Auchinairn	£3,000	Community Groups and Voluntary Organisations
Campsie Memorial Hall Trust	Running costs for premises	£2,560	Other
Creative Care Scotland	Roof repairs	£1,500	Older People
East Dunbartonshire Women's Aid	Emergency Household items and resources for children	£3,000	Other
FACT	Christmas activities	£800	Other
Gavin's Mill Community Project	Electrical upgrades for premises	£1,240	Community Groups and Voluntary Organisations
Lenzie After School Club	Rainwear for children	£200	Sports / Young People
Lenzie Community Development Trust	Volunteer expenses and gardening equipment	£755	Volunteers / People with Support Needs
Lenzie Parent and Toddler Group	Venue hire and playleader fees	£1,500	Pre-Fives

Name of group	Purpose grant	Final award	Target group
Lenzie Woodhead Gymnastics Club SCIO	Gymnastics equipment	£1,810	Sports / Young People
Love Lenzie Association	Website development	£600	Other
Milngavie and Bearsden Swimming Club	Swimming equipment	£1,500	Sports / Young People
Milngavie Old People's Welfare Committee	Catering and Utilities costs	£1,100	Older people
Milton of Campsie Scottish Women's Institute	Running costs for premises	£500	Older people
Monday OAP Club	Christmas Outing and Meal	£300	Older people
More than Fibro (SCIO)	Support to East Dunbartonshire residents	£300	People with support needs
Open Water Rescue	Box trailer	£2,000	Other
Speech Language Communication Company	Set up costs	£3,000	Young People
St Andrew's First Aid	Equipment including first aid manuals	£2,000	Young People / Volunteers
Stitch-ED (Stitch East Dunbartonshire)	Set up costs	£451	Older People
Sunshine Wishes Children's Charity	Emergency household goods	£3,000	People with no or low income
The Giant Red Phonebox Ltd	Concept Design Plan	£2,000	Other
The Glasgow Group of the Riding for the Disabled Association	Equine therapy sessions for ED residents	£2,800	People with Support Needs
The Woman's Group 2021	'This is Me' Project	£700	People with Support Needs
Torrance Pre-fives	Running costs including arts and crafts supplies	£500	Pre-Fives

Projects Funded by Community Grants in Round 2, 2021-22

Name of group	Purpose grant	Final award	Target group
175 th Glasgow (1 st Bishopbriggs) Scout Group	Camping equipment	£2,134	Young People
1 st Auchinairn Brownies	Running costs including badgework subscription	£400	Young People
1 st Auchinairn Rainbows	Running costs including badgework subscription	£400	Young People
1 st Lenzie Girl Guides	Guiding activities	£325	Young People
1 st Lenzie Girls Brigade	Crafting equipment	£300	Young People
1 st Torrance Rainbows	Group outings	£150	Young People
Antonine Theatre Group	Fort Theatre refurbishment works (painting and wifi)	£1,900	Arts / Young People
Auchinairn After School Care Ltd – Forest School	Forest School Open Days	£2,394	Pre-Fives
Auchinairn Parent and Toddler Group	Outdoor play equipment	£1,500	Pre-Fives
Bearsden in Bloom	Planters	£500	Other
BetterBriggs	Sessional Caretaker costs	£2,000	Community Groups and Voluntary Organisations
Bishopbriggs Tennis Club	Refurbishment of Clay Courts	£1,300	Sports / Young People
Bishopsgate Residents Association	Outings	£200	Older People
Caldwell Halls Trust	Storage room conversion and Utilities costs	£1,000	Community Groups and Voluntary Organisations
Contact Point in East Dunbartonshire	Running costs for premises	£2,000	People with Support Needs
Creative Care Scotland	Running costs including heating and lighting	£1,800	Older People
Creative Spark Theatre Arts	Percussion Project Sessions	£2,000	Arts / Young People
Creatovators CIC	Christmas Playscheme (Dekko Workshop and Gifts)	£800	People with Support Needs
Cruse Bereavement Care Scotland	Support for ED Clients	£3,000	Other
Daybreak	Chair Aerobics Sessions	£300	People with Support Needs

Name of group	Purpose grant	Final award	Target group
EDICT	Art Therapy Sessions	£2,300	Young People
FACT SCIO	Outdoor Play Equipment	£2,300	Young People
Fresh Start in East Dunbartonshire	Essential home items (women exiting refuge)	£700	Young People
G61-G62 Community Response	Gardening supplies	£757	Older People
G64 Community Support	Volunteer Costs / Events	£1,300	People with Support Needs
Kirkintilloch & Kilsyth ASC	Professional water polo coaching including equipment	£2,300	Sports / Young People
Kirkintilloch Camera Club	New Fire Door	£620	Older People
Kirkintilloch Men's Shed	Running costs including utilities	£2,000	Older People
Kirkintilloch Skate Park Initiative	Mobile Skate Park including equipment	£2,500	Young People
Lenzie Woodhead Gymnastics Club	Gymnastics equipment	£1,000	Sports / Young People
Lenzie Youth Club	Equipment and Coaching courses including First Aid	£800	Sports / Young People
Milngavie Community Development Trust (MCDT)	Milngavie Week (printing costs)	£750	Other
Milngavie Football Club	Equipment	£1,500	Sports / Young People
Milngavie Old People's Welfare Committee	Aluminium tables	£2,500	Older People
Milngavie Pipe Band	Travel for Pipe Band Competitions	£1,900	Arts / Young People
Monday OAP Club	Summer outing	£499	Older People
Mother's Union St Cyprian's Branch	Women's Refuge Residential Break	£500	Volunteers
Rookie Rockstars	Staffing costs	£2,000	Young People
Scotia ASC	Head Coach costs	£1,800	Sports / Young People
Scottish Families affected by Alcohol & Drugs	Group activities including transport	£1,152	Young People

Name of group	Purpose grant	Final award	Target group
St Mary's Nursery	Outdoor soft play flooring	£2,500	Pre-Fives
Stitch the GAP SIC	Sewing class sessions	£2,000	People with Support Needs
Twechar Allotment Gardens Association	Feasibility Study	£2,000	Community Groups and Voluntary Organisations
Twechar Senior Citizens Club	Outing including kitchen equipment	£800	Older People
Westerton Over Sixties Club	Summer outing including running costs	£200	Older People

Policy, Resources, Consultation and Training

East Dunbartonshire Community Planning Partnership

East Dunbartonshire Community Planning Partnership (CPP) is public agencies working in partnership with communities, the private sector and third sectors to plan, design and deliver better services that make a real difference to people's lives, especially those who need the services the most.

East Dunbartonshire Local Outcomes Improvement Plan (LOIP) 2017-2027 is our shared plan for our CPP. Our LOIP outlines why and how we will work together to plan, design and deliver services in a way that tackles known inequalities. Underneath our themes, we are clear about the changes that we want to see over the next ten years in East Dunbartonshire. We have prioritized six local outcomes:

Local Outcome 1: East Dunbartonshire has a sustainable and resilient economy with busy town and village centers, a growing business base, and is an attractive place in which to visit and invest.

Local Outcome 2: Our people are equipped with knowledge and skills for learning life and work.

Local Outcome 3: Our children and young people are safe, healthy and ready to learn.



Community planning is a process where local organisations work together and with local communities to improve services with the aim of reducing inequalities.

Local outcome 4: East Dunbartonshire is a safe place in which to live, work and visit.

Local outcome 5: Our people experience good physical and mental health and wellbeing with access to a quality built and natural environment in which to lead healthier and more active lifestyles.

Local outcomes 6: Our older population and more vulnerable citizens are supported to maintain their independence and enjoy a high quality of life, and they, their families and carers benefit from effective care and support services.

Locality (Place) Plans are bespoke plans for four geographic communities in East Dunbartonshire that have been identified and agreed as experiencing the most inequality. These plans are a requirement of the Community Empowerment Act (2015) which places the duty on Community Planning Partnerships to plan together for areas which experience poorer outcomes. The four areas identified as 'Place' areas within East Dunbartonshire are Hillhead and Harestanes; Lennoxton; Auchinairn and Twechar. The locality plans are currently being reviewed and refreshed.

Contact information

You are receiving this newsletter because you have previously applied for a Community Grant, your group/organisation has been supported by EDVA or you are a Community Planning Partner in East Dunbartonshire.

If you do not wish to receive future issues of this newsletter or you wish to get in touch, please use the contact details below.

Community Planning & Partnerships
Team East Dunbartonshire Council
Southbank House, Kirkintilloch
G66 1XJ

Tel: 0300 123 4510

communitygrants@eastdunbarton.gov.uk or equality@eastdunbarton.gov.uk

Other Issues

This document can be provided in large print, Braille or on audio CD and can be translated into other community languages. Please contact the Council's Corporate Communications Team at 12 Strathkelvin Place, Kirkintilloch, Glasgow G66 1TJ Te 0300 123 4510

本文件可按要求翻譯成中文，如有此需要，請電 0300 123 4510。

اس دستاویز کا در خواست کرنے پر (اردو) زبان میں ترجمہ کیا جاسکتا ہے۔ براہ مہربانی فون نمبر 0300 123 4510 پر رابطہ کریں۔

ਇਸ ਦਸਤਾਵੇਜ਼ ਦਾ ਮੰਗ ਕਰਨ ਤੇ ਪੰਜਾਬੀ ਵਿੱਚ ਅਨੁਵਾਦ ਕੀਤਾ ਜਾ ਸਕਦਾ ਹੈ। ਕਿਰਪਾ ਕਰਕੇ 0300 123 4510 ਫ਼ੋਨ ਕਰੋ।

Gabhaidh an sgriobhainn seo cur gu Gàidhlig ma tha sin a dhith oirbh. Cuiribh fòn gu 0300 123 4510

अनुरोध करने पर यह दस्तावेज़ हिन्दी में भाषांतरित किया जा सकता है। कृपया 0300 123 4510 पर फोन कीजिए।



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