

Public and voluntary sector organisations in East Dunbartonshire are committed to working together to prevent and eliminate gender based violence. Representatives from different services meet as a group called Empowered to:

- share practice and add value to each other's services;
- oversee joint pieces of work;
- highlight gaps; and
- effect positive changes to the ways that we respond in East Dunbartonshire.

Gender based violence encompasses acts that result in sexual, psychological or physical harm or suffering, affront to human dignity, including threats of such acts, coercion or restriction of liberty, whether occurring in public or private life.

It is internationally recognised that the majority of this violence is perpetrated by men against women and children. Empowered aligns with Scottish Government policy that gender based violence is both a cause and consequence of gender inequality. Men can also be victims of violence and abuse. Using this gendered understanding does not exclude men, but rather recognises that women are disproportionately affected by particular forms of violence because they are women. Empowered condemns all forms of violence and abuse.

Everyone can play a role in challenging associated behaviour and attitudes, breaking down gender norms and in helping to ensure greater gender equality in society. Empowered welcomes opportunities for people of all genders and ages to work together as allies in eradicating gender based violence.

Empowered members are:

- **Citizens Advice Bureau**

0141 775 3220 or [www.cas.org.uk/bureaux/east-dunbartonshire-citizens-advice-bureau](http://www.cas.org.uk/bureaux/east-dunbartonshire-citizens-advice-bureau)

- **CEDAR** (Children Experiencing Domestic Abuse Recovery) – hosted at EDAMH

0141 3040 or 24 Crossveggate, Milngavie, Glasgow G62 6RA

- **East Dunbartonshire Association for Mental Health (EDAMH) Violence Against Women Service**

0141 955 3040 or 24 Crossveggate, Milngavie, Glasgow G62 6RA



- **East Dunbartonshire Council** – various services

0300 123 4510 **or** [www.eastdunbarton.gov.uk](http://www.eastdunbarton.gov.uk)

- **East Dunbartonshire Health and Social Care Partnership** – various services

Advice and Response Team: 0141 777 3000 / Out of Hours Social Work Standby Service: 0300 343 1505 **or**

[www.eastdunbarton.gov.uk/health-and-social-care](http://www.eastdunbarton.gov.uk/health-and-social-care)

- **East Dunbartonshire Women's Aid**

0141 776 0864 **or** [www.edwa.org.uk](http://www.edwa.org.uk)

- **Glasgow & Clyde Rape Crisis**

08088 00 00 14 **or** [www.glasgowclyderapecrisis.org.uk](http://www.glasgowclyderapecrisis.org.uk)

- **Police Scotland**

Emergencies: 999 / non-emergencies: 101 **or**

[www.scotland.police.uk/your-community/greater-glasgow/east-dunbartonshire/](http://www.scotland.police.uk/your-community/greater-glasgow/east-dunbartonshire/)

- **Say Women**

0141 552 5803 **or** [www.say-women.co.uk](http://www.say-women.co.uk)

For more information about Empowered please contact the Community Planning and Partnerships Team, EDC on [communityplanning@eastdunbarton.gov.uk](mailto:communityplanning@eastdunbarton.gov.uk) or by phoning 0300 123 4510.