

Useful numbers

East Dunbartonshire Alcohol and Drugs Service: 0141 232 8211
Scottish Families Affected: 08080 10 10 11
Glasgow Council on Alcohol: 0141 353 1800
Breathing Space: 0800 83 85 87
Samaritans: 08457 90 90 90
Drink Line: 0800 7314 314 or 0800 717 8282
Alcoholics Anonymous: 08457697555



Other formats

This document can be provided in large print, Braille or on CD and can be translated into other community languages. Please contact the Council's Communications Team at:

East Dunbartonshire Council, 12 Strathkelvin Place, Southbank,
Kirkintilloch, G66 1TJ Tel: 0300 123 4510

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East Dunbartonshire Alcohol & Drug Recovery Service

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Our aim is to assess the needs of and support adults experiencing alcohol or drug problems. We are a multi-disciplinary team including nurses, social workers and addiction workers, medics, psychiatry, psychology and occupational therapy.

Service hours:

Monday to Friday 9am-5pm.

We have clinics in Kirkintilloch, Milngavie and Lennoxton (Milngavie and Lennoxton by appointment only).

You can self-refer by telephone, or through the referral link on the HSCP website: www.eastdunbarton.gov.uk/webform/alcohol-and-drugs-recovery-service-adrs-referral-form

You can also request a referral by your GP or another professional. Home visits and Evening appointments are available after assessment if required. You will be offered an individual appointment of about an hour to assess your needs and agree a care plan.

You are welcome to bring a friend or family member to your initial assessment appointment.

As we are an integrated team, we record your information on both health and social work information systems, you can find a copy of the privacy notice on the website (or request a copy). A recovery care plan will be agreed with you.

After assessment you will be allocated a worker to progress your care and treatment plan, where the following services may be available to you if appropriate.

Services available:

- **Alcohol & drugs assessment**
- **Mental and/or physical health assessment**
- **Home alcohol detoxification**
- **Medication Assisted Treatment**
- **Alcohol care and treatment**
- **Harm reduction services (Naloxone, needle replacement)**
- **Referral to hospital-based alcohol & drugs services**
- **Psycho-social interventions**
- **Assertive outreach services**
- **Support with social care issues**
- **Support to vulnerable adults**
- **Access to community recovery groups**
- **Specialist assessment and support for pregnant women and parents with children**

Children can also be affected by parent or carer alcohol & drug use. We have a duty to enquire about children who you have caring responsibilities for. We can discuss this fully with you at your initial appointment.

Your Family can contact to Scottish Families Affected or Glasgow Council on Alcohol for individual and group support.

Who can be supplied with take-home naloxone?

- **Anyone in East Dunbartonshire who is aged 16 and over, including:**
- **Person at risk of opioid overdose**
- **Carer, friend or family member of a service user at risk Any individual working in an environment where there is a risk of overdose for which the naloxone may be useful**
- **Anyone with an expired naloxone kit**

How to use the naloxone postal service

You can order postal naloxone online. Visit www.eastdunbarton.gov.uk/naloxonerequest and complete the application form. You will also need to complete a free Scottish Drugs Forum (SDF) e-learning course or contact 0141 232 8211 to access local training (if available).